



Breakfast and Lunch Menus

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---|---|---|---|--|
| 1 | 2 Cold Cereal Toast Banana Juice | 3 Waffles Sausage Strawberries Juice | 4 Banana Bread Toast Peaches Juice | 5 Toast with Toppings Mixed Fruit Juice | 6 Sausage Sandwich Applesauce Juice | 7 |
| 8 | 9 Waffles Toast Pineapple Juice | 10 Oatmeal Toast Fresh Fruit Juice | 11 Banana Bread Toast Pears Juice | 12 Pancakes Sausage Peaches Juice | 13 Cold Cereal Toast Applesauce Juice | 14 |
| 15 | 16 Oatmeal Toast Pears Juice | 17 Toast with Toppings Applesauce Juice | 18 Cheese Omelet Toast Banana Juice | 19 Cold Cereal Toast Fresh Fruit Juice | 20 Sausage Sandwich Mandarin Oranges Juice | |
| 22 | 23 Waffles Sausage Pineapple Juice | 24 Oatmeal Toast Peaches Juice | 25 | | | |
| 29 | 30 Cold Cereal Toast Applesauce Juice | 26 | 27 | 28 | 29 Cold Cereal Choices: Cinnamon Toasters Honey Nut Cheerios Shredded Mini Wheats | 30 Juice Choices: Apple Grape Orange |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 | 2 Chicken & Noodles Cooked Carrots Fresh Fruit Homemade Bread | 3 Taco in a Bag Lettuce & Tomatoes Strawberries Marshmallow Brownie | 4 Chicken Soup Ham Sandwich Veggie Ranch Salad Peaches | 5 Spaghetti Broccoli Mixed Fruit Garlic Bread | 6 Hamburgers Baked Beans Applesauce Ice Cream | 7 Nov. 3 rd - 5 th Grade Menu |
| 8 | 9 Tomato Soup Grilled Cheese Fresh Vegetables Pineapple | 10 Pork Roast Mashed Potatoes Fresh Fruit Banana Bread | 11 Goulash Mixed Vegetables Pears Garlic Bread | 12 Trailblazing Nachos Tomatoes Broccoli Peaches Applesauce Bars | 13 Chicken Nuggets French Fries Applesauce Homemade Bread | 14 |
| 15 | 16 Chicken Fajitas Lettuce & Tomatoes Green Beans Pears Garlic Stick | 17 Pancakes Sausage Tater Tots Applesauce | 18 Turkey Mashed Potatoes Corn Fruit Salad Homemade Bread Pumpkin Bar | 19 BBQ Pork Sandwich Corn Fresh Fruit Choc. Chip Cookie | 20 Mandarin Chicken Rice Pilaf Broccoli Mandarin Oranges | 21 |
| 22 | 23 Burritos with Cheese Lettuce & Tomatoes Pineapple Chocolate Cake | 24 Hot Beef Sundae Green Beans Peaches Homemade Bread | 25 | 26 | 27 | 28 |
| 29 | 30 Chili Turkey Sandwich Veggie Ranch Salad Applesauce | | | | | 1% white milk or fat-free chocolate milk served with every meal. |

This institution is an equal opportunity provider.