

November 22, 2020

**Metro Catholic Outreach,
We are in need of the following:**

Stew, Chili, Soup,
Tuna and other Canned Meat,
Potatoes (fresh, instant or flakes),
Helper Meals,
Jelly, Peanut Butter, Crackers,
Pancake Mix, Syrup,
Pasta Sauce, Canned Pasta,
Jello/Pudding, Canned Fruit,
Rice, Pork & Beans,
Cake/Cookie Mix,
Homeless Bag Items: (easy open single-serve items),
Protein/meals, Snacks,

Toilet Paper, Kleenex,
Shampoo, Conditioner, Body Wash, Lotion,
Dental Care Items - toothpaste tubes, toothbrushes, floss, etc.,
Laundry detergent PODS,
Household cleaning supplies,
Plastic Baggies – Snack & Quart sized, Quart Freezer Bags,

Winter Hats, Mittens & Gloves

Note: Items in Red are Lower Supply Items

**From MCO: This week, your support provided Baskets for over 435
people in 126 families, in addition to 15 homeless bags, - thanks!**