

January 17, 2021

**Metro Catholic Outreach,
We are in need of the following:**

**Milk (1/2 Gallon),
Stew, Chili, Soup,
Tuna and other Canned Meat,
Potatoes (fresh, instant or flakes),
Helper Meals,
Peanut Butter, Crackers,
Pancake Mix, Syrup,
Pasta Sauce, Canned Pasta,
Canned Fruit,
Rice,**

**Homeless Bag Items: (easy open single-serve items),
Protein/meals, Snacks,**

**Toilet Paper, Kleenex, Wipes
Shampoo, Conditioner, Body Wash, Lotion,
Dental Care Items - toothpaste tubes, toothbrushes, floss, etc.,
Laundry detergent PODS,
Household cleaning supplies,**

Winter Hats, Mittens & Gloves

Note: Items in Red = Lower Supply Items

**From MCO: This week, your support provided Baskets for over 120
people in 76 families, in addition to 12 homeless bags, - thanks!**