

**January 24, 2021**

**Metro Catholic Outreach,  
We are in need of the following:**

**Milk (1/2 Gallon),  
Stew, Chili, Soup,  
Tuna and other Canned Meat,  
Potatoes (fresh, instant or flakes),  
Helper Meals,  
Peanut Butter, Crackers,  
Pancake Mix, Syrup,  
Pasta Sauce, Canned Pasta,  
Canned Fruit,  
Rice,  
Baking Supplies, Cooking Basics**

**Homeless Bag Items: (easy open single-serve items),  
Protein/meals, Snacks,**

**Toilet Paper, Kleenex, Wipes  
Shampoo, Conditioner, Body Wash, Lotion,  
Dental Care Items - toothpaste tubes, toothbrushes, floss, etc.,  
Paper Towels, Napkins,  
Laundry detergent PODS,  
Household cleaning supplies,**

**Note: Items in Red = Lower Supply Items**

**From MCO: This week, your support provided Baskets for over 224  
people in 65 families, in addition to 8 homeless bags, - thanks!**