

July 18, 2021

**Metro Catholic Outreach,
We are in need of the following:**

**Potatoes (fresh, instant or flakes),
Soup,
Pancake Mix, Syrup,
Pasta Sauce,
Peanut Butter, Jelly,
Canned Vegetables,
Pot-Sized Spaghetti boxes,**

**Shampoo, Body Wash, Soap,
Dental Care Items - toothpaste tubes, toothbrushes, floss, etc.,
Body Wipes,**

Snack-sized baggies,

Five-Gallon Buckets (in good condition)

Note: Items in Red = Lower Supply Items

**From MCO: This week, your support provided Baskets for over 153
people in 43 families, in addition to 8 homeless bags, - thanks!**