

Cathedral of Christ the Light

Activity 1 – Grades 3-5
Who is Christ the Light?

<p>Cathedral of Christ the Light <i>Who is Christ the Light? (Grades 3-5)</i></p>

Standards addressed (Diocese of Oakland Guidelines)

Grade 3-5

General Goals: :

To familiarize students with the idea of Christ as a light for our lives and to help them see themselves as light for others- Christ's light shining through them.

Specific Objectives:

- To compare and contrast gospels of light- "I am the light of the world" and "You are the light of the world"
- To understand the metaphor of Christ as light
- To reflect on the gifts that we have
- To articulate how we can be light for others

Anticipatory Set: (10-15 minutes)

Ask students to brainstorm sources of light. Answer the question, what does light do for us? How does it help us? How do we depend on light? Write answers on the board for all to see then discuss.

Step by step lesson:

1. Take students outside (on a day that is sunny) Have them sit and close their eyes and feel the warmth of the sun on their bodies, discuss the Sun's role in our world as center of the universe, providing warmth, light and energy for all living things.
2. Discuss: how did the sun feel on your body, what is it like when the sun is not shining, why is the sun so important to living things?
3. Read scripture passages: "I am the Light of the World" Reference here
4. Journal (5-7 minutes): How is Jesus like the sun, light for our world? What does Jesus mean when he says that he is the light of the world?
5. Read scripture passage Matthew 5: 14-16 "You are the light of the World"
6. In small groups, discuss: how are you light to your families, your friends, your class, your school community, your parish?

7. Discuss what was shared in small groups with the whole class
8. Activity: Use a picture or template of the sun – In the center, students write their names and all the ways that Christ is a light for their lives. On the rays of the sun (about 6-10) write ways that they are light for others in their lives. Cut out suns and display on bulletin board with passage, “ We are the light of the world”

9. *Closing Prayer:*

Loving God,
make us a people of light
Make us faithful to Jesus
that we may bring your life and light to the world
Grant this through Christ our Light,
Amen