



This institution is an equal opportunity provider.

**Menu is subject to change.**

**Daily options:** Salads; Deli's, Turkey, Ham



**Fitness Tip:** Find ways to increase physical activity. You could try to:

- Play a sport like basketball, softball, or soccer
- Walk, skate, or cycle more
- Do stretches, exercises, or pedal a stationary bike while watching TV



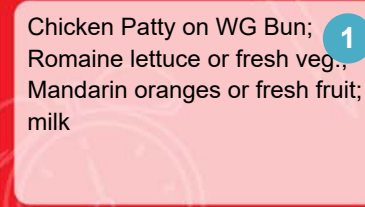
## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



**Staff Learning Day** 5  
**No School**

WG Chicken Quesadilla; 6  
Romaine lettuce or fresh veg.,  
Peaches or fresh fruit;  
milk

WG Chicken tenders; B&B; 7  
Corn or fresh veg.; Mandarin  
Oranges or fresh fruit;  
milk

WG Pepperoni or Cheese 8  
Pizza; Steamed Peas or fresh  
veg.; Applesauce or fresh fruit;  
milk

**Good Friday** 2  
**No School**  
  
WG French toast sticks; 9  
Sausage patty;  
Hash brown or fresh veg.;  
Pineapple or fresh fruit;  
Milk

Cheeseburger on WG Bun; 12  
Sweet Potato Fries or fresh veg;  
Applesauce or fresh fruit;  
milk

Salisbury Steak; B&B; 13  
Mashed Potatos and Gravy;  
Steamed Carrots or fresh veg;  
Pineapple or fresh fruit;  
milk

BBQ Pork on WG Bun; 14  
Broccoli w/cheese sauce or fresh  
veg.; Mandarin Oranges or fresh  
fruit; milk

Chicken Alfredo; 15  
WG Breadstick;  
Romaine lettuce or fresh veg;  
Peaches or fresh fruit;  
milk

**Grandparents Day** 16  
**Early Dismissal**  
**No Meals Served**

Chicken Patty on WG Bun; 19  
Baked Beans or fresh veg;  
Applesauce or fresh fruit;  
milk

WG Popcorn Shrimp; B&B 20  
Mozarella Cheese Stick;  
Corn or fresh veg;  
Pears or fresh fruit; milk

Spaghetti w/meat sauce; 21  
WG Garlic Breadstick;  
Romaine lettuce or fresh veg.;  
Peaches or fresh fruit; milk

Pork Tenderloin on  
WG Bun; Broccoli  
w/cheese sauce or fresh veg.;  
Mandarin Oranges or fresh fruit;  
milk

WG Garlic Cheese Bread; 23  
Green Beans or fresh veg.;  
Pineapple or fresh fruit;  
milk

Grilled Cheese Sand.; 26  
Chili and or fresh veg;  
Peaches or fresh fruit;  
Milk

Walking taco; 27  
Romaine lettuce or fresh veg.;  
Pears or fresh fruit; milk

Mandarin Chicken on WG Rice;  
Pea or fresh veg.; Mandarin  
Oranges or fresh fruit; milk

Chicken Nuggets; B&B;  
Hash Browns or fresh veg.;  
Applesauce or fresh fruit; Milk

Max Stix w/marinara; 30  
Corn or fresh veg; Pineapple or  
fresh fruit; Milk