

Sacred Heart

September 2021

Breakfast Choices

Monday: Mini Bagel with Cream Cheese

Tuesday: Assorted Cereal

Wednesday: Whole Grain Muffin w/Yogurt 4oz.

Thursday: Assorted Cereal

Friday: Mini Waffles or Pancakes or WG Donut

Fruit: 100% Fruit Juice or Fruit of the Day

Choice of Milk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9 Sun Butter and Jelly Garden Salad	10 Pizza	11
12	13 Turkey Sandwich Yogurt Lunch	14 Ham Sandwich Garden Salad	15 Bologna Sandwich Yogurt Lunch	16 Sun Butter and Jelly Garden Salad	17 Pizza	18
19	20 Turkey Sandwich Yogurt Lunch	21 Ham Sandwich Garden Salad	22 Bologna Sandwich Yogurt Lunch	23 Sun Butter and Jelly Garden Salad	24 Pizza	25
26	27 Turkey Sandwich Yogurt Lunch	28 Ham Sandwich Garden Salad	29 Bologna Sandwich Yogurt Lunch	30 Sun Butter and Jelly Garden Salad		
	*Menus are subject to change			Lunch Cost UPK – Breakfast and Lunch Free Yellow Room and K-6 – Breakfast - \$2.50, Lunch \$3.50 and Milk 50 cents		