





NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Available Daily: <i>For A Healthier You, Choose An Item From The Fruit And Vegetable Table</i>	Cereal/Fruit Seasoned Chicken Brown Rice Carrots Pineapple Bread	Egg Patty Dutch Waffle Sausage Patty Fresh Broccoli Strawberries	Yogurt/Toast Spaghetti /Meatballs Garlic Bread Green Beans Peaches/Pears	Sausage/Toast Fish Fillet Cheesy Mashed Potato Peas Mixed Fruit Bread	Cereal/Fruit Hot Ham/Cheese Sweet Potato Fries Veggies/Ranch Apple Slices Friday Treat	
Fresh Fruits Banana, Oranges Red Or Green Apples Pears Seasonal Fruit	Cereal/Fruit BBQ Rib Sandwich Sweet Potato Peas Applesauce	French Toast Chicken Fajita Lettuce/Salsa/Cheese Green Beans Peaches Petite Roll	Yogurt/Toast Lasagna Bread Stick Romaine Lettuce Celery Sticks/Ranch Grapes	Egg/Toast Pancakes/Syrup Egg Patty Mango Wango Drink Cucumbers/Ranch Strawberries	Cereal/ Toast Sloppy Joes On Bun French Fries Veggies/Ranch Fresh Fruit Slices Friday Treat	14 <i>At Least 51% Of Grains Are Whole Grain</i> Both Meals Include: 1% Or Skim Milk Chocolate Milk (Lunch Only)
Vegetables Carrots, Celery, Broccoli Cauliflower, Cucumbers, Red Peppers, Romaine Lettuce Salad	Cereal/Toast BBQ Meatballs Buttered Noodles Seasoned Broccoli Berries	Pancakes Soft Shell Taco Mexican Rice Black Beans Carrot Sticks Fruit Mix	Yogurt/Toast Hamburger On Bun Sweet Potato Baked Beans Mandarin Oranges	Sausage/Toast Happy Thanksgiving Sliced Turkey Mashed Potato / Gravy Carrots Fruited Jello Dinner Roll	Cereal/Toast Cheese Bread Stix W/Marinara Fresh Veggies/Ranch Fresh Fruits Friday Treat	21 Breakfast Served 7:35 Main Entrée Highlighted In Yellow Breakfast Items Include (Subjected To Change)
Lunch Sandwich Alt: Sub (Wow) Butter And Jelly Uncrustable Pb&J (Gr 5-8) Cheese Ham & Cheese Muffin & Cheese Stick	Cereal/Toast Mac & Cheese Seasoned Broccoli Veggie Sticks Bread Stick Peaches	French Toast Tator Taco Bowl Lettuce/Salsa/Cheese Corn Bread Cinnamon Applesauce	Yogurt/Toast Chicken Nuggets Smile Fries Veggies/Ranch Fresh Fruits Friday Treat	26 	No School 	28 Main Entrée, Milk, Juice, Assorted Fruits, Assorted Cereals, Yogurt, Cheese Stick, Toast, Muffin....
	Cereal/Fruit Meatball Sandwich Assorted Chips Lettuce Salad Carrot Sticks Pears					

****MENU IS SUBJECT TO CHANGE WITHOUT NOTICE****