



Back Door Reading From your Health Ministries



PROSTATE CANCER

Incidence

- * Lifetime risk = 1 in 6
- * 30% of all new cancer in men
- * 80 men will die in the next 24 hours from prostate cancer
- * Maryland has the third highest incidence behind DC and NJ



Symptoms

- * Difficulty starting urination
- * Reduced stream
- * Frequent small amounts of urine
- * Increased night time voiding

Screening

- * PSA—Prostate specific antigen
- * DRE—Digital rectal exam
- * Both needed—neither alone gives a definite answer.
- * Biopsy may be needed to clarify between benign hypertrophy and cancer.



GET SMART!

What is PSA?

- * Secreted by the lining of the prostate gland.
- * Cancer (and some other conditions) cause the lining to leak increased levels of PSA into the bloodstream.
- * A normal level is <4.
- * Before PSA screening, 75% was diagnosed in late stages, now 75% is diagnosed in early stages.



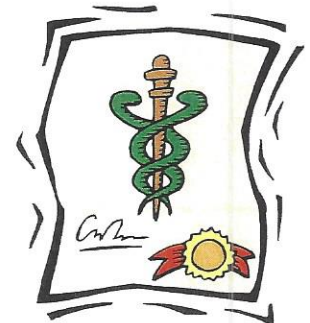
Treatment

Depends on -

- * Age of person
 - * Health of person
 - * Stage of cancer
 - * Gleason score
- May consist of—
- * Watchful waiting
 - * Surgery
 - * Radiation
 - * Medication

Who should be screened?

- * All men > 50, annually
- * All African-American men >40
- * All men >45 with a family history



This month, the women you love are reading about breast cancer on their back doors. Talk with them to be sure they are following all of the screening guidelines.