

FOOD SOURCES IN ANTIOCH – updated 4-10-21

Please note that this list is constantly changing. Always call to confirm the information.

For the most up to date information go to the Food Bank's website: www.foodbankccs.org and click on "GET FOOD" or call (855)309-3663.

You can also call 211 or go to ccc.myresourcedirectory.com and click on "Food Assistance".

GOVERNMENT ASSISTANCE PROGRAMS - Antioch

CalFresh(Food Stamps) - Food Stamps are a monthly stipend on an EBT card that can be used to buy food. Someone can be eligible even if they own a home, have no children, are working, own a vehicle, or have no permanent address. People with little or no income should apply for food stamps. To apply call 877-847-3663 or contact the office listed below:

Antioch 4545 Delta Fair Blvd. (925) 706-4980 (Bay Point, Pittsburg, Antioch)

People who want more information about the food stamp process and eligibility rules can contact the Food Bank's CalFresh team at. (855)309-3663.

CalWorks - Low-income families with children can receive cash grants through the CalWorks program. To apply, contact an office listed below:

East County 4545 Delta Fair Boulevard, Antioch (925) 706-4980

Women, Infants, and Children Program (WIC) - Low-income pregnant women and mothers with children up to the age of five can receive food vouchers to buy specific nutritious foods. Call:

East County 2311 Loveridge, Pittsburg (925) 431-2460

General Assistance (GA) - Low-income individuals who do not qualify for CalWorks or Supplemental Security Income (SSI) can receive cash grants through the GA program. For more information:

East County (925) 706-4760

Supplemental Security Income (SSI) - Low-income people who are blind, disabled, or elderly can receive supplemental grants through the SSI program. For information call 1-800-772-1213.

OTHER FOOD ASSISTANCE PROGRAMS

Contra Costa Cafes - Seniors can receive a hot meal for a suggested donation at a congregate meal site. For a site near you call (925) 757-7325..

Meals on Wheels Program - Homebound seniors can have meals delivered to them for a suggested donation by calling:

Bay Point, Pittsburg, Antioch (925) 778-4379

www.mealsonwheelsofcontracosta.org

SOUP KITCHENS

Soup kitchens provide free meals to anyone who comes in during meal hours. Soup kitchens with an asterisk (*) expect recipients to attend a religious service before the meal is served. Menus vary, although each soup kitchen tries to offer balanced meals.

ANTIOCH

Bread of Life (Living Word Church), 415 West 6th Street, (925) 778-1639

Saturday 12-1:30 pm, 6-6:30

***Golden Hills Mission Outreach Center**, 525 E 18th St. (925) 778-1884

Mon. - Fri., religious service: 5:30 pm, meal: 6-6:30 pm

Loaves & Fishes (Veteran's Memorial Building), 403 W. 6th Street

(925) 519-0394 Mon.-Fri., 11 am-12:30 pm

Loaves & Fishes (Mental Health Consumer Concerns) 2400 Sycamore Dr. Suite 30.

(925)779-9977 Mon-Fri 11am-12:45

Just some friends – Fulton Shipyard Rd, Pancake breakfast every Saturday morning about 9:30am. Foot of A St at the river – Pancake breakfast every Saturday 8:15am

FOOD PANTRIES

Pantries provide food to the general public on an ongoing basis. Pantries may limit the number of times they serve the same recipient in a given time period. All pantries strive to provide balanced food bags that include all food groups. Typically, the food is nonperishable, i.e. canned goods and dried beans, pasta and rice. Some pantries provide three day supplies of food for people in crisis situations put together according to a suggested menu and based on family size. Other pantries focus on perishable foods such as produce, dairy and bread and include a limited number of nonperishable items

Most agencies require some form of identification from recipients and each person in their household. Food Pantries may require recipients to call ahead for an appointment. A small number of pantries ask people to get a referral from another agency. Please share the information about pantry requirements included with the pantry description with the people you are helping.

ANTIOCH

Agape International Church & Ministries, 605 W. Madill (925) 709-4424 Thurs 4pm

AMF Food Closet, 2507 San Jose Drive, Antioch (925) 757-1672
By appointment Mon.-Thurs. 10:30am to 12:30pm

Antioch Senior Citizens Club, 415 W 2nd St. (925)778-1158 Mon-Fri 12:15-1:15
(adults over 50)

Cornerstone Christian Church 1745 E. 18th St. Antioch (925)522-8322 Call for appointment.

First Family Church 3195 Contra Loma Blvd. (925)706-1238 Sat 10-11am

Genesis Church 3727 Sunset Lane 925-877-6225, Sat, 10-11am

Grace's Closet, 3415 Oakley Rd., Antioch (925) 522-2017 (church)
Wed. 4–6 pm; Sat. 12–2 pm Food and clothing.

Grace Temple COGIC 1001 Fitzuren Rd Antioch 925-779-1491 Tue & Fri 12-2pm

Jubilee Christian Center 11 Texas St. (925)757-5777

St. Vincent de Paul (Holy Rosary Church), 21 East 15th St., Antioch
(925) 757-0941 Tues., Wed. & Thurs. 9-10 am. Walk-in.

Kings Chapel 320 Worrell Rd. (925)756-7315 2nd Mon 4:30-6pm

Landing Place 620 E. Tregallas Rd. (925)513-5180 Wed 10-11am

Light Ministries Pantry 415 W 6th St Antioch 925-778-1639 Sat 12:30-1:30pm

Ministerios Unicon y Restauracion 3301 Buchanan Rd. (925)432-2009

Mission Possible – Word Assembly Church 611 W 9th St. (925)726-6922

Rivertown Thrift Store Food Pantry 522 W 2nd St. (925)206-4976

Showers of Blessings 2220 A St (510)325-4771 Wed & Fri 5-7pm, Sat 10am-12pm

Visions Christian Center, 330 Worrell Road, Antioch (925) 777-0290
Thursdays, 11 am-12 pm

SENIOR FOOD PROGRAM

The Senior Food Program is a program of the Food Bank of Contra Costa and Solano. Over 2,000 low income senior citizens receive a bag of groceries twice a month at 18 distribution sites.

Senior Food Program members must be 55 years of age or older, live in one of the areas served by the program, and have gross monthly incomes under \$2,010 for one person or \$2,707 for two people. In general each recipient is expected to pick up his or her bag, unless other arrangements are made by the participant.

Applicants can fill out a one-page application form at the Senior Food Program site in their area or call the food bank (925-676-7543) and an application will be mailed to them. Currently, there is room for new members at most sites. If a site has no room, names may be placed on a waiting list.

Distribution is twice a month; Senior Food Program members who are unable to pick up a bag at their site cannot go to another site. The bags vary but in general each contains seven to eight different items with bread, fresh fruits and vegetables, and canned food items the most common.

ANTIOCH **Antioch (Golden Hills Mission Outreach), 525 E. 18th St., Antioch**
 2nd & 4th Thu 11am to noon **ANTIOCH RESIDENTS ONLY**

FOOD ASSISTANCE PROGRAM

Federal government commodities and other food items are distributed every month to individuals and families. Each household is allowed to receive only one bag per month. We recommend that people choose one site for regular pick up of commodities. Generally, this would be the site that is closest to where they live.

In order to receive the commodity portion of the bag, recipients must meet the income guidelines below:

Number of Persons in Household	Maximum Income		Number of Persons in Household	Maximum Income	
	Monthly	Annually		Monthly	Annually
1	\$2,499	\$29,986	6	\$6,886	\$82,626
2	\$3,376	\$40,514	7	\$7,763	\$93,154
3	\$4,254	\$51,042	8	\$8,640	\$103,682
4	\$5,131	\$61,570	9	\$9,518	\$114,210
5	\$6,008	\$82,626	10	\$10,395	\$124,738

For households with more than 10 persons, add \$866 each for monthly income; or \$610,528 each for annual income.

Recipients go to the site in their area during distribution hours. They must bring:

- Identification with their current address or picture identification and a document with their current address (PG&E bill, telephone bill, or other correspondence).
- Identification for each member of household, if household size is 6 or more.

People will need to certify that their income falls under the guidelines for the program. They will be required to sign for the food.

EAST COUNTY FOOD ASSISTANCE PROGRAM SITES

ANTIOCH **American Legion Hall, 403 West 6th Street, Antioch**
 1st Wednesday every month, 10 am – 12 pm

FOOD FOR CHILDREN PROGRAM

Food For Children is a Food Bank of Contra Costa and Solano program that provides a box of food once a month to 4 and 5 year old children referred by WIC or other community organizations. For more information about this program or for information regarding how to become a referring agency, please contact the Food Bank at (925) 676-7543 x207. Parents or guardians can self refer by bringing proof of the child's birthdate and documentation of family income to the distribution site in the community in which they live or work. The income guideline for this program is the WIC guideline of 185% of poverty.

Number of Persons in Household	Maximum Income		Number of Persons in Household	Maximum Income	
	Monthly	Annually		Monthly	Annually
1	\$2,082	\$24,980	5	\$5,028	\$60,340
2	\$2,818	\$33,820	6	\$5,765	\$69,180
3	\$3,555	\$42,660	7	\$6,502	\$78,020
4	\$4,292	\$51,500	8	\$7,238	\$86,860

For each additional person in the household, add: **\$697** monthly or **\$8,360** annually.

EAST COUNTY FOOD FOR CHILDREN PROGRAM SITES

ANTIOCH **American Legion Hall**, 403 W. 6th Street, Antioch
10 am–12 pm 1st Wednesday of every month

Community Produce Program

The Food Bank provides 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose ONE location:

Antioch Health Center, 2335 Country Hills Dr, Antioch, 2nd & 4th Monday, 10:00-11:00am.

The Landing Place, 620 E. Tregallas Rd, Antioch, 2nd & 4th Wednesday, 12:00-1:00pm

Jubilee Christian Center, 11 Texas St, Antioch, 2nd & 4th Wednesday, 2:00-3:00pm

Mission Elementary, 1711 Mission Dr, Antioch, 2nd & 4th Wednesday, 4:00-5:00pm

Antioch Kinder Care, 2300 Mahogany Way, Antioch 2nd & 4th Thursday, 4:00-5:00pm.

CalFresh Office (EHSD), 4545 Delta Fair Blvd, Antioch, 1st & 3rd Friday, 11:00am-12:30pm.

St. Ignatius Antioch, 3351 Contra Loma Blvd, Antioch, 1st & 3rd Friday, 3:30-4:30pm

Holy Rosary, 1313 A St, Antioch, 1st & 3rd Friday, 1:30-2:30pm.

Antioch High School, 700 W. 18th St, Antioch, 2nd & 4th Saturday, 10:00-11:00am.

Carmen Dragon Elementary, 4721 Vista Grande Dr, Antioch, 2nd & 4th Saturday, 12-1:00pm.

Marsh Elementary, 2304 G St, Antioch, 2nd & 4th Saturday, 2:00-3:00pm.

West River Town Apartments, 811 W. 4th St, Antioch, 2nd & 4th Sunday, 2:30-3:30pm.