

Holy Spirit Catholic School

OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 W/G Dominos cheese pizza Green Beans Fruit	2
3	4 Turkey wrap Cucumbers Pineapple	5 Beefy nachos Refried beans Applesauce cups	6 W/G chicken nuggets Mashed potatoes & gravy Mandarin oranges	7 W/G french toast sticks Sausage patty Carrots Banana	8 W/G Dominos cheese pizza Mixed greens Fruit	9
10	11 Grilled hamburger patty W/G hamburger bun Baked beans Apple slices	12 Potato wedge nachos W/G dinner roll Fruit cocktail	13 Chicken alfredo W/G garlic stick Broccoli Fruit cup	14 Power lunch [hummus, tortilla chips, celery and dried cranberries]	15 W/G Dominos cheese pizza Fresh carrots Fruit	16
17	18 W/G breaded chicken patty sandwich on W/G bun Roasted ranch garbanzo beans Pears	19 Spaghetti with meat sauce W/G garlic stick Green beans Applesauce	20 Strawberry yogurt parfait with granola Cherry tomatoes	21 W/G pancakes Sausage patty Hash brown Orange Juice	22 W/G Dominos cheese pizza Mixed greens Fruit	23
24	25 Philly chicken sub Green beans peaches	26 Asian bowl Corn Pineapple	27 W/G pizza dippers Pizza sauce Mixed greens Dried fruit	28 NO SCHOOL	29 NO SCHOOL	30
31		Notes: "This institution is an equal opportunity provider." Milk Choices: 1% white & 1% chocolate Menu subject to change without notice				