

## The Sign of the Cross

In the name of the Father  
and of the Son  
and of the Holy Spirit. Amen.



## The Our Father

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those  
who trespass against us  
and lead us not into temptation,  
but deliver us from evil. Amen.

## Grace Before Meals

Bless us, Oh Lord, and these, thy gifts  
which we are about to receive  
from thy bounty through Christ our Lord.  
Amen.

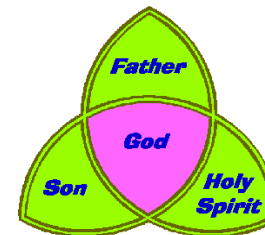
## The Hail Mary

Hail Mary, full of grace.  
The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit  
of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour  
of our death. Amen.



## Glory Be

Glory be to the Father, and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.



## **Fatima Prayer**

O my Jesus,  
forgive us our sins,  
save us from the fires of hell,  
And lead all souls to Heaven,  
especially those in most need of your Mercy.  
Amen.

## **Guardian Angel Prayer**

Angel of God,  
my Guardian Dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard and rule and guide.  
Amen.



## **The Rosary**

### **The Joyful Mysteries of the Rosary**

1. The Annunciation
2. The Visitation
3. The Birth of Jesus
4. The Presentation of Jesus at the Temple
5. The Finding of Jesus in the Temple

### **The Sorrowful Mysteries of the Rosary**

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Jesus

### **The Glorious Mysteries of the Rosary**

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit upon the Apostles
4. The Assumption of Mary into Heaven
5. The Coronation of Mary as Queen of Heaven



## Act of Contrition

My God,  
I am sorry for my sins with all my heart.  
In choosing to do wrong  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend, with your help,  
to do penance,  
to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ  
suffered and died for us.  
In his name, my God, have mercy.

## Apostles' Creed

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the  
Father almighty;  
From there he will come to judge the living  
and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

