

The Sign of the Cross

In the name of the Father
and of the Son
and of the Holy Spirit. Amen.



The Our Father

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us
and lead us not into temptation,
but deliver us from evil. Amen.

Grace Before Meals

Bless us, Oh Lord, and these, thy gifts
which we are about to receive
from thy bounty through Christ our Lord.
Amen.

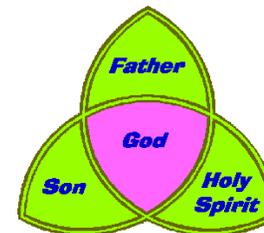
The Hail Mary

Hail Mary, full of grace.
The Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour
of our death. Amen.



Glory Be

Glory be to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.



Fatima Prayer

O my Jesus,
forgive us our sins,
save us from the fires of hell,
And lead all souls to Heaven,
especially those in most need of your Mercy.
Amen.

Guardian Angel Prayer

Angel of God,
my Guardian Dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard and rule and guide.
Amen.



Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good, I
have sinned against you whom I should love
above all things.
I firmly intend, with your help, to do penance,
to sin no more, and to avoid whatever leads me
to sin.
Our Savior Jesus Christ suffered and died for us.
In his name, my God, have mercy. Amen.

Memorare

Remember, O most gracious Virgin Mary,
that never was it known that anyone who
fled to your protection,
implored your help, or sought your
intercession, was left unaided.

Inspired by this confidence, I fly unto you,
O Virgin of virgins, my Mother.
To you I come; before you I stand sinful and
sorrowful.

O Mother of the Word Incarnate!
Despise not my petitions,
but in your mercy hear and answer me.
Amen.

Nicene Creed

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin
Mary, and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,

who with the Father and the Son is adored and
glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Hail Holy Queen

Hail Holy Queen, Mother of mercy,
our life, our sweetness and our hope.
To thee do we cry,
poor banished children of Eve;
to thee do we send up our sighs,
mourning and weeping in this vale of tears.
Turn then, most gracious Advocate,
thine eyes of mercy toward us,
and after this our exile, show unto us
the blessed fruit of thy womb, Jesus,
O clement, O loving,
O sweet Virgin Mary!

The Rosary



The Joyful Mysteries of the Rosary

1. The Annunciation
2. The Visitation
3. The Birth of Jesus
4. The Presentation of Jesus at the Temple
5. The Finding of Jesus in the Temple

The Sorrowful Mysteries of the Rosary

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Jesus

The Glorious Mysteries of the Rosary

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit upon the Apostles
4. The Assumption of Mary into Heaven
5. The Coronation of Mary as Queen of Heaven

The Luminous Mysteries of the Rosary

1. The Baptism of Jesus in the Jordan
2. The Miracle at the Wedding at Cana
3. Jesus Announces the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

The Angelus

The Angel of the Lord declared to Mary:
And she conceived of the Holy Spirit.

Hail Mary, full of grace . . .

Behold the handmaid of the Lord:
Be it done unto me according to Thy word.

Hail Mary . . .

And the Word was made Flesh:
And dwelt among us.

Hail Mary . . .

Pray for us, O Holy Mother of God, that we may be
made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into
our hearts; that we, to whom the incarnation of
Christ, Thy Son, was made known by the message of
an angel, may by His Passion and Cross be brought
to the glory of His Resurrection, through the same
Christ Our Lord.

Amen.



St. Michael Prayer

St. Michael the Archangel, defend us in battle,
be our defense against the wickedness
and snares of the Devil.

May God rebuke him,
we humbly pray, and do thou,
O Prince of the heavenly hosts,
by the power of God, thrust into hell Satan,
and all the evil spirits, who prowl about the
world seeking the ruin of souls. Amen.



Divine Praises

Blessed be God. Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the
Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary, most
Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the Name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints.

Soul of Christ (Anima Christi)

Soul of Christ, sanctify me

Body of Christ, save me

Blood of Christ, inebriate me

Water from Christ's side, wash me

Passion of Christ, strengthen me

O good Jesus, hear me

Within Your wounds hide me

Suffer me not to be separated from You

From the malicious enemy defend me

In the hour of my death call me

And bid me come to You

That I may praise You with Your saints

and with Your angels

Forever and ever

Amen

Apostle's Creed

I believe in God, the Father Almighty,
Creator of Heaven and Earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit, born of the Virgin
Mary,
suffered under Pontius Pilate, was crucified, died and was
buried;
he descended into hell; on the third day he rose again from
the dead;
he ascended into Heaven, and is seated at the right hand of
God the Father Almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the Holy Catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.