



**Compline (Night Prayer)
for Sunday**

Introduction

God, come to my assistance.
Lord, make haste to help me.
Glory to the Father and to the Son,
and to the Holy Spirit:
**as it was in the beginning, is now,
and will be forever. Amen. Alleluia.**

Examination of Conscience

We are called to have a clear conscience toward God and toward men, in our hearts and in our minds, in our actions and inactions. To do so, it is vital that we examine our conscience daily and to ask for God's mercy as we fall short and to ask for His strength to do better.

(period of silence)

***I confess to almighty God,
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.***

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

Amen.

Hymn

Abide with me: fast falls the eventide;
the darkness deepens; Lord, with me abide:
when other helpers fail and comforts flee,
help of the helpless, O abide with me.

Swift to its close ebbs out life's little day;
earth's joys grow dim, its glories pass away;
change and decay in all around I see:
O thou who changest not, abide with me.

I need thy presence every passing hour;
what but thy grace can foil the tempter's power?
Who, like thyself, my guide and stay can be?
Through cloud and sunshine, Lord, abide with me.

I fear no foe, with thee at hand to bless;
ills have no weight, and tears no bitterness.
Where is death's sting? where, grave, thy victory?
I triumph still, if thou abide with me.

Hold thou thy cross before my closing eyes;
shine through the gloom, and point me to the skies;
heaven's morning breaks, and earth's vain shadows flee;
in life, in death, O Lord, abide with me.

H.F. Lyte

Psalm 90 (91)



Alleluia. Alleluia. Alleluia.

Alleluia. Alleluia. Alleluia.

He who dwells in the shelter of the **Most** High
and abides in the shade of **the** Almighty
says to the Lord: 'My **refuge**,
my stronghold, my **God** in whom I trust!'

It is he who will free you from **the** snare
of the fowler who seeks **to** destroy you;
he will conceal you with his **pinions**
and under his wings you **will** find refuge.

You will not fear the terror of **the** night
nor the **arrow** that flies by day,
nor the plague that prowls in the **darkness**
nor the scourge that **lays** waste at noon.

A thousand may fall at **your** side,
ten thousand **fall** at your right,
you, it will never **approach**;
his faithfulness is **buckler** and shield.

Your eyes have only **to** look
to see how the **wicked** are repaid,
you who have said: 'Lord, my **refuge**!'
and have made the Most **High** your dwelling.

Upon you no evil **shall** fall,
no plague **approach** where you dwell.
For you has he commanded his **angels**,
to keep you **in** all your ways.

They shall bear you upon **their** hands
lest you strike your **foot** against a stone.
On the lion and the viper you **will** tread
and trample the young lion **and** the dragon.

Since he clings to me in love, I will **free** him;
protect him for **he** knows my name.
When he calls I shall answer: 'I am **with** you,'
I will save him in distress and **give** him glory.

With length of life I will **content** him;
I shall let him see my **saving** power.

Glory to the Father and to **the** Son,
and to the **Holy** Spirit:
as it was in the beginning, **is** now,
and will be **forever**. Amen.

Alleluia. Alleluia. Alleluia.

Psalm-prayer

Lord Jesus Christ, when tempted by the devil, you remained loyal to your Father whose angels watched over you at his command. Guard your Church and keep us safe from the plague of sin so that we may remain loyal to the day we enjoy your salvation and your glory.

Short Reading

Apocalypse 22: 4-5

They will see the Lord face to face, and his name will be written on their foreheads. It will never be night again and they will not need lamplight or sunlight, because the Lord God will be shining on them. They will reign for ever and ever.

Short Responsory

Into your hands, Lord, I commend my spirit, alleluia, alleluia.
Into your hands, Lord, I commend my spirit, alleluia, alleluia.
You have redeemed us, Lord God of truth, alleluia, alleluia.
Into your hands, Lord, I commend my spirit, alleluia, alleluia.
Glory to the Father and to the Son and to the Holy Spirit.
Into your hands, Lord, I commend my spirit, alleluia, alleluia.

Canticle

Nunc Dimittis

Protect us, Lord, as we stay awake; watch over us as we sleep; that awake, we may keep watch with Christ, and asleep, rest in his peace. Alleluia.

Lord, now you let your servant go in peace;
your word has been fulfilled.

Nunc dimittis servum tuum, Domine,
secundum verbum tuum in pace:

My own eyes have seen the salvation
which you have prepared in the sight of
every people:

Quia viderunt oculi mei salutare tuum
Quod parasti ante faciem omnium
populorum:

a light to reveal you to the nations
and the glory of your people Israel.

Lumen ad revelationem gentium, et gloriam
plebis tuae Israel.

Glory to the Father and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be forever. Amen.

Gloria Patri, et Filio, et Spiritui Sancto:
Sicut erat in principio, et nunc, et semper,
et in saecula saeculorum. Amen.

Protect us, Lord, as we stay awake; watch over us as we sleep; that awake, we may keep watch with Christ, and asleep, rest in his peace. Alleluia.

Let us pray

Lord, we have celebrated today
the mystery of the rising of Christ to new life.

May we now rest in your peace,
safe from all that could harm us,
and rise again refreshed and joyful,
to praise you throughout another day.

We ask this through Christ our Lord. **Amen.**

The Lord grant us a quiet night and a perfect end. **Amen.**

Regina Caeli

Queen of Heaven, rejoice, alleluia!
for he whom you were worthy to bear, alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,
quia quem meruísti portáre, allelúia,
resurréxit sicut dixit, allelúia;
ora pro nobis Deum, allelúia.