

## Eucharist Learning Centers

### 1. Baptism and Eucharist

Baptism makes us members of God's family. Jesus shares Himself with us in the meal of the Eucharist.

### 2. Jesus Shows Us the Way

Jesus, our brother, taught us about God our Father and showed us how to live.

### 3. The Family of God Celebrates

Families do many things together. One of the most important things they do is to celebrate.

### 4. Christ is Our Light

Christ is our Light. We are light to each other. The candle is the symbol of the Light of Christ in our lives.

### 5. Prayer

God's family prays together at Mass to praise Him, thank Him, and ask His help and forgiveness.

### 6. God's Special Gift

A person can be a "gift" to others. Jesus is God the Father's special gift to us.

### 7. Jesus is the Bread of Life

Bread is a sign of life; it nourishes us and helps keep us alive. Jesus gives us Himself in the bread and wine of the Mass. He is our Bread of Life.

### 8. The Last Supper

Jesus is present in the Holy Eucharist. He gave us Himself at the Last Supper on Holy Thursday, Jesus did this because He loves us.

### 9. Liturgy of the Word

The Liturgy of the Word is one of the two main parts of the Mass. In the Liturgy of the Word, we prepare by asking Jesus to forgive us; we listen to God's word and we pray for the needs of God's family.

### 10. Liturgy of the Eucharist

The Liturgy of the Eucharist is one of the two main parts in the Mass. The Liturgy of the Eucharist includes preparing the gifts, blessing the gifts, and Holy Communion.