

First Communion Learning Center 10

Liturgy of the Eucharist

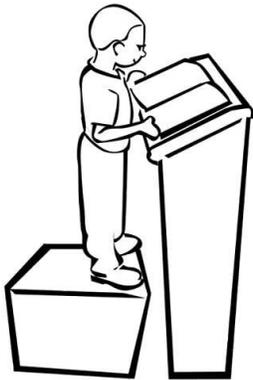
The Liturgy of the Eucharist is one of the two main parts in the Mass. The Liturgy of the Eucharist includes preparing the gifts, blessing the gifts, and Holy Communion.

1. Follow the pictures on the "Order of the Mass- Brief overview" page. It includes all four parts of the Mass (Introductory Rites, Liturgy of the Word, Liturgy of the Eucharist, and Concluding Rite). Talk about what is happening at each stage of the Mass.
2. Next look at the Missal booklet that is available in your envelope. Take time to walk through all the steps of the Mass. If possible, bring the Missal to Mass, have your child follow along with the pictures and parts of the Mass (keeping in mind that this is not a complete Missal but a children's version I put together. There are different Mass parts that the priest can choose to say depending on the day. In this booklet I only put one of the main Mass liturgies to keep it simple. So, if what the priest is saying on that day is different than what is in the booklet you know why.)
 - a. Talk about why we sit, stand, or kneel during different parts of the Mass
 - b. Talk about what we do after we receive Jesus in the Eucharist (Answer: It is a time for offering prayers of thanksgiving, and a time to ask God to help us be more like Jesus.
3. Complete the Crossword Puzzle

Order of the Mass

Brief Overview

Introduction Rites: The Mass begins when we have all gathered together. Often it begins with a procession and the priest greeting the people in the Name of Jesus



Liturgy of the Word: A lector then reads the First Reading, Psalms, and Second Reading. Then the Priest (or deacon) reads the Gospel. Then a homily is said to explain more about the readings. Then we pray the Creed.

Liturgy of the Eucharist: Then gifts are brought to the altar. The priest presents them to God. The Priest prays the Preface (a thanksgiving to God) then consecrates the bread and wine, to which we respond with the Great Amen. Next, we pray the Lord's Prayer and give others the sign of peace (shaking of hands or a hug). We pray the Lamb of God. The priest gives communion to the people and there is a time of silence to pray.

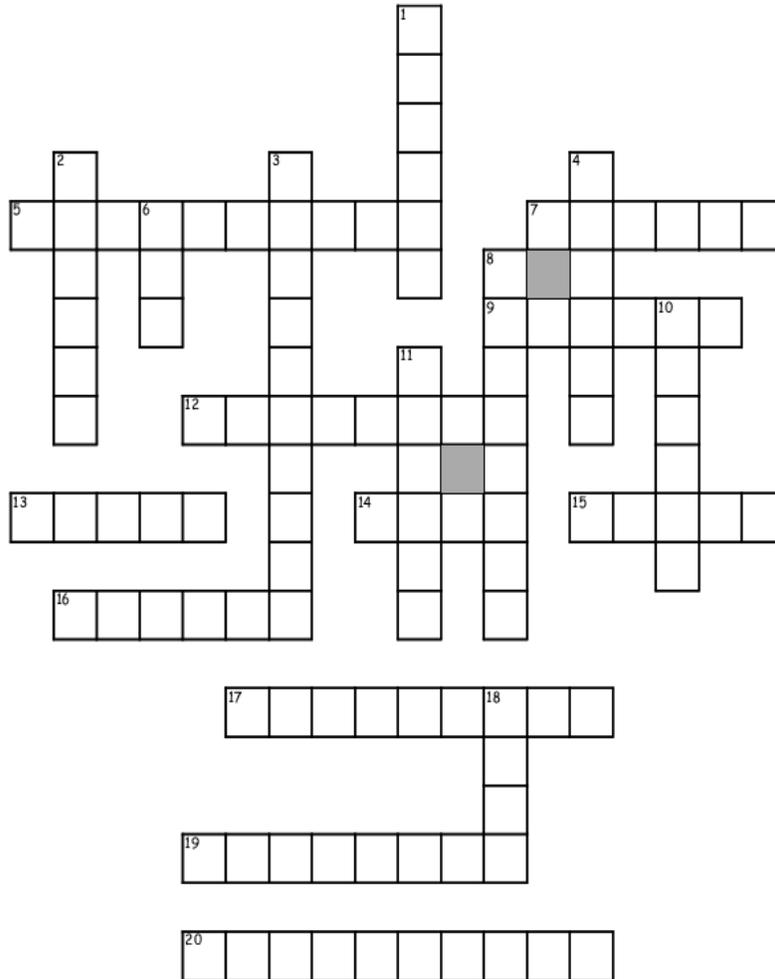


Concluding Rites: We receive God's blessing from the priest "May almighty God bless you in the Name of the Father, the Son and Holy Spirit." We answer "Amen!"

First Communion Crossword Puzzle

Word Bank

Apostles luminous Joseph white Hail saints Priest eat
 Our Father Epiphany Spirit Holy Confession Rosary
 tabernacle Jesus Family sacraments Father bowing



Across

5. The special place in church where Holy Eucharist is kept.
7. Jesus' foster father on earth, the husband of Jesus' mother.
9. This is the man who has received the sacrament of the Holy Orders and can say the mass.
12. We say this mystery on a Thursday.
13. This is who we receive during the Eucharist.
14. We say a pray called the ___ Mary.
15. Most girls wear this colour dress for the First Holy Communion.
16. We believe people who go Heaven become ____.
17. The Lord's Prayer.
19. This feast is celebrated 12 days after Christmas on 6th January.
20. This is the sacrament where you say the Act of Contrition.

Down

1. Glory be to the _____ and to the Son.
2. Jesus and His family are called the Holy ____.
3. There are seven of these and Eucharist is one of them.
4. A sign of reverence we do when we walk in front of the tabernacle.
6. You should not ___ one hour before receiving communion.
8. Jesus had twelve of these.
10. In the name of the Father, the Son and the Holy _____. Amen.
11. Recite the _____ daily.
18. First _____ Communion.