



St Mary Magdalene Catholic School Menu September--2021

Monday 30-Aug	Tuesday 31-Aug	Wednesday 1-Sep	Thursday 2-Sep	3-Sep
		Baked Ziti with Turkey Kielbasa, Vegetable Medley, Garlic Bread, Fresh Cut Fruit V-Vegetable Baked Ziti with Grilled Tofu Grilled Cheese Sandwich	Turkey Chili with Cheddar Cheese, Steamed Rice, Oven Roasted Carrots, Fresh Cut Fruit V-TVP Chili with Black Beans & Cheddar Cheese 100% Beef Hot Dog	Breakfast for Lunch: Eggs, Turkey Sausage, Pancakes, Breakfast Potato, Steamed Broccoli, Fresh Cut Fruit V-Breakfast for Lunch: Eggs, Veggie Sausage, Pancakes Grilled Chicken & Cheese Wrap
6-Sep	7-Sep	8-Sep	9-Sep	10-Sep
SCHOOL CLOSED	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Cut Fruit V-Assorted Cheese Wrap Turkey & Cheddar Sandwich	Parmesan & Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit Grilled Cheese Sandwich	Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit V-Grilled Tofu Nuggets 100% Beef Hot Dog	Beef Lasagna with Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Squash, Garlic Bread, Fresh Cut Fruit V-Vegetarian Lasagna with Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce Grilled Chicken & Cheese Wrap
13-Sep	14-Sep	15-Sep	16-Sep	17-Sep
Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit V-Vegetarian Tamales Roast Beef & Cheddar Sandwich	Grilled Turkey and Cheddar Sandwich, Sweet Potato Tots, Steamed Broccoli, Fresh Cut Fruit V-Grilled Tofu and Cheddar Sandwich Turkey & Cheddar Sandwich	Pasta Primavera with Turkey Sausage, Oven Roasted Zucchini, Fresh Cut Fruit V-Pasta Primavera with Veggie Sausage Grilled Cheese Sandwich	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit V-Broccoli, Cauliflower & Cheese Casserole with Grilled Tofu 100% Beef Hot Dog	Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit V-Baked Cheese Sticks and Waffles Grilled Chicken & Cheese Wrap
20-Sep	21-Sep	22-Sep	23-Sep	24-Sep
Grassfed Beef Sloppy Joe Slider, Sweet Potato Tots, Fresh Corn, Fresh Cut Fruit V-Boca Sloppy Joe Slider Roast Beef & Cheddar Sandwich	Chicken & Cheese Quesadillas, Brown Rice, Black Beans, Fresh Cut Fruit V-Cheese Quesadillas Turkey & Cheddar Sandwich	Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit V-Spaghetti with TVP, Diced Vegetables & Marinara Sauce Grilled Cheese Sandwich	EARLY DISMISSAL	EARLY DISMISSAL
27-Sep	28-Sep	29-Sep	30-Sep	1-Oct
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit V-Macaroni and Cheese with Grilled Tofu Roast Beef & Cheddar Sandwich	Turkey and Cheese Wrap, Sliced Cucumbers, Vanilla Yogurt, Fresh Cut Fruit V-Assorted Cheese Wrap Turkey & Cheddar Sandwich	Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit V-Eggplant Parmesan Grilled Cheese Sandwich	Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit V-Fried Rice with Grilled Tofu, Carrots & Lima Beans 100% Beef Hot Dog	