

# FRASSATI CATHOLIC CHEER

## **2019-2020 Frassati Cheer Uniform Information**

Cheerleading uniforms, poms & rain jackets are included with the athletic fee, but the parts of the uniform that are personal or optional are not. If you are a returning girl and you already have the required items, you do not need to purchase those items again.

### **Required Items:**

Cheer Bag \$47: monogrammed name/embroidered Frassati Cheer

Fleece Jacket \$109: monogrammed name/embroidered Frassati Cheer

Leggings \$50: leggings worn under uniform

Hair Bow \$14: royal/white/silver

Modesty Briefs \$14: royal blue worn under uniform

Cheer Shorts \$25: white cheer practice shorts

Cheer Shorts \$10.50: blue cheer practice shorts

Practice T-Shirts \$24: with name

Practice T-Shirts \$14.50: practice cheer shirt

Long-Sleeved Shirt: solid white mock neck midriff (purchase yourself or see below for more)

White Athletic Shoes: in good condition (purchase yourself or see below for more info)

No-Show Socks: white (purchase yourself)

Sports Bra: royal blue racerback (purchased yourself or see below for more info)

### **Optional Items:**

Additional Practice T-Shirt \$14: Frassati cheer shirt

Long-Sleeved Shirt \$21: solid white mock neck midriff to be worn under uniform

Sports Bra \$18: royal blue cotton lycra racerback sports bra (or purchase on your own)

Cheer Shoes \$47: "Tradition"- lightweight/supportive shoe with arch support

Cheer Shoes \$75: "Edge"- comfort/performance insoles, breathable & extra support