1. What religion did you practice as a child?

2. What do you remember about those years in your faith life? Did you go to church regularly? Did your family pray together? Were there people in your life who practiced their religion diligently and made an impression on you, either positive or negative?

3. What was your primary experience of church and religion as a child? Positive? Negative? Irrelevant? Non-existent?

4. As you entered your teenage years and then young adulthood, what role did religion play in your life? Was there anyone influential who helped you along a spiritual path or with whom you were able to discuss God and faith?

5. What were some spiritual turning points in your life? Have there been any high points in which you felt especially connected to God, joyful, and at peace? Have you had anything that you would consider a personal encounter with Christ—an experience that deeply touched your heart or moved you as you experienced God specifically relating to you?
6. What issues with religion or the Church have come up in your life which may prevent you from a deeper relationship with God?

7. What is your current faith and spiritual life like? Do you attend mass regularly? Not at all? Just at Christmas and Easter? Do you ever pray or talk to God? Do you discuss your faith with your spouse or any friends? Where do you find your inspiration and guidance for life now?

8. Are you satisfied with where your spiritual life is at, or would you like something to be different? If so, what?

9. What brought you here to this session? Why do you want your child to be baptized into the Catholic faith?