

Guidelines for Lent

- *The time of Lent is to be observed by Catholics as a special season of prayer, penance and works of charity.*
- *Ash Wednesday and Good Friday, in particular, are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence.*
- *The rule of fasting states that only one full meal a day can be taken. Two small meals, "sufficient to maintain strength", are allowed, but together they should not equal another full meal. Eating between meals breaks the fast, but drinking liquid does not. The rule of fasting obliges all Catholics from 18 to 59.*
- *Abstinence refers to the eating of meat. The common estimation of the community is used to determine what falls under the category of meat. The rule of abstinence binds all Catholics 14 years or older.*
- *The substantial observance of the laws of fast and abstinence is a serious obligation.*
- *Self-imposed fasting on the other weekdays of Lent is recommended. Abstinence on all Fridays of the year is also highly recommended.*

Life Matters – Pray to End Abortion: Why should we pray for the end of abortion?

1. Because it honors God.
2. Because prayer is a vital point of connection between heaven and earth.
3. Because abortion is primarily a spiritual battle, not just social or political.

"The essence of our identity is that we are created in God's image and likeness and loved by Him. Nothing can diminish the priceless worth of any human life. Every person is cherished." USCCB

Pray With Us. Please join the Catholic Daughters of the Americas Court St Veronica #1273 as we continue our Daily Spiritual Adoption Prayer which is:

Jesus, Mary, and Joseph, I love you very much. I beg you to spare the life of Veronica the unborn child that I have spiritually adopted, who is in danger of abortion.

Please pray for our sick, parishioners, family, and friends:

- ◆ Roy McNeil ◆ Helen George ◆ Jerry Mason ◆ Nicole Starbird ◆ Ronald Rich ◆
- ◆ Florence Martin ◆ Judi Menard ◆ Elmer Sayers ◆ Alan DeLaricheliere ◆ Marie Sholan ◆
- ◆ Robert Gravel ◆ Jane Bachert ◆ Marilyn Murphy ◆ Philip Murphy ◆ Eva Church ◆ Patricia LeCours ◆
- ◆ Paul Brochu ◆ Daryl Rich ◆ Mary Smith ◆ Carmeline Williams ◆ Marcel LeBlanc ◆ Elaine Brochu ◆
- ◆ Joe Clark ◆ Henriette Garven ◆ Kim Winslow ◆ Frank Fabiani ◆ Henry Richard ◆ Marsha Kallahan ◆
- ◆ Marc DeLaricheliere ◆ Linda Lussier ◆ Jimmy Sholan ◆ Mary Ainsworth ◆ Marcie Brochu ◆
- ◆ Bob Belajonas ◆ Richard LeCours ◆ Raymond Messier ◆ Jane Menard ◆

First Sunday of Lent March 1, 2020

Mary Queen of All Saints Parish



St. Norbert
(Hardwick)

St. Michael
(Greensboro Bend)

Our Lady of Fatima
(Craftsbury)

Parish Office: 193 South Main St. – P.O. Box 496, Hardwick, VT 05843

Phone: (802) 472-5544 ~ Fax: (802) 472-5543 ~

Office Hrs: M, T, W, T, F 8:30 a.m. – 12:30 p.m.

Parish Website: www.mqasvt.org

E- mail: cparchment@vermontcatholic.org

For bulletin submissions: use above email address

(Due on or before Wednesdays at 10:00 a.m.)

Our Parish Staff:

- ◆ Fr. Thomas Aquinas, Administrator
- ◆ Candy Parchment, Secretary
- ◆ Gabby Hopkins, DRE
- ◆ Susan Earle, Custodian
- ◆ Lynn Brochu, Bookkeeper

Baptisms: Registered parishioners, please contact the Parish Office for a preparation interview.

Marriages: Registered parishioners, please schedule at least six months in advance of the proposed date.

Cemeteries: Fairview in Hardwick and St. Michael's in Greensboro Bend

Mass Schedule:

Saturday 4:00 p.m. (St. N)

Sunday 8:30 a.m. (St. N)
10:30 a.m. (St. M)

Confessions:

Saturday 3:15 p.m. (St. N)
Or anytime by appointment