



Next Sunday's Readings **First Sunday of Lent**-- Genesis 9:8-15 (23B); Psalm 25:4-5, 6-7, 8-9; 1 Peter 3:18-22 ; Mark 1:12-15

### Mass & Intentions February 13 - February 21

Sat.	13	3:15	p.m.	St. Norbert	<b>Reconciliation by appointment only</b> Deceased Members of the Knights of Columbus
		4:00	p.m.	St. Norbert	
Sun.	14	8:30	a.m.	St. Norbert	Parishioners Living & Deceased
		10:30	a.m.	St. Michael	Parishioners Living & Deceased
Mon.	15				<b>NO Mass</b>
Tue.	16	4:00	p.m.	St. Norbert	
Wed.	17	8:30	a.m.	St. Norbert	
Thu.	18	8:30	a.m.	St. Norbert	
Fri.	19	8:30	a.m.	St. Norbert	
Sat.	20	3:15	p.m.	St. Norbert	<b>Reconciliation by appointment only</b> Arthur Gauthier (birthday remembrance) by Dan & Robin Gauthier
		4:00	p.m.	St. Norbert	
Sun.	21	8:30	a.m.	St. Norbert	Christ Our Hope Campaign
		10:30	a.m.	St. Michael	The Sick of the Parish

#### Christ Our Hope Campaign Update

As of February 2: \$4,289,269 Goal: \$9,582,456  
To learn more or make a gift visit: [christourhopevt.org](http://christourhopevt.org)

#### 2020 Bishop's Annual Appeal Update

As of February 2: \$2,250,250.54 Goal: \$2,651,157



#### Next week's second collection: Black & Native American Missions

Our goal each week is to collect **\$2,756.25** in ordinary income to meet our expenses.

	<u>Feb. 6 &amp; Feb. 7</u>
Offertory	\$ 889.00
Donations	<u>608.00</u>
Total Funds	\$1,497.00

You may make your donation or offering online by visiting our Website.

#### Mass Count Feb. 6 & Feb. 7

SN	4:00 p.m.	[30]
SN	8:30 a.m.	[17]
SM	10:30 a.m.	[32]

**Ash Wednesday, February 17:** There will be two Masses offered on Ash Wednesday, 8:30 AM at St. Norbert and 5:30 PM at St. Michael.

**Ash Wednesday Almsgiving Collection:** There will be a special collection on Ash Wednesday to support Vermont Catholic Charities. This agency provides financial and emotional support to individuals and families throughout Vermont through the programs offered which include Counseling, Emergency Aid, Prison Ministry, and Residential Care Homes. Donations can be made through our website <https://www.vermontcatholic.org/ministries-programs/catholic-charities/ash-wednesday-appeal/> or by mailing a check to Vermont Catholic Charities, 55 Joy Drive, South Burlington, VT 05403. Please know that every gift – whatever the size – makes a difference. Thank you for your generosity.

#### Guidelines for Lent

- The time of Lent is to be observed as a special season of prayer, penance and works of charity.
- Ash Wednesday and Good Friday are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence.
- The rule of **fasting** states that only one full meal a day can be taken. Two small meals, "sufficient to maintain strength", are allowed but together they should not equal another full meal. Eating between meals breaks the fast, but drinking liquids does not. The rule of fasting obliges all Catholics from 18 to 59.
- **Abstinence** refers to the eating of meat. The rule of abstinence binds all Catholics 14 year or older.
- The substantial observance of the laws of fast and abstinence is a serious obligation.

**Notice:** Think of joining our Parish or Finance Councils and be a part of our parish growth. There are vacancies on both councils. Meetings are via Zoom. If interested please call the rectory for information.

**Parish Council Members:** Jeannine Young (Chair), Tod Delaricheliere, Adrienne Olney, Dave Shepard, Gertrude Barnes, Paul Frederick, David O'Brien  
**Finance Council Members:** Mike Brochu (Chair), Paul Frederick, Mary Jane Fradette, Mike Morin, Cathy Menard