



## Diocese of Birmingham in Alabama

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### **PLENARY INDULGENCE FOR THE SICK WITH CORONAVIRUS, HEALTH AGENTS, CAREGIVERS, AND FAITHFUL**

The Vatican's Apostolic Penitentiary has announced an opportunity for a plenary indulgence during the current pandemic. The decree states, "the gift of special Indulgences is granted to the faithful suffering from COVID-19 disease, commonly known as Coronavirus, as well as to health care workers, family members, and all those who in any capacity, including through prayer, care for them."

#### **The faithful who qualify for a plenary indulgence during the coronavirus pandemic are:**

1. Those suffering from the coronavirus illness
2. Those ordered to quarantine themselves due to the virus
3. Health care workers, family members, and others caring for those with the coronavirus (exposing themselves to contagion)

These persons must do at least one of the following:

- Unite yourself spiritually through the media in the celebration of the Holy Mass
- Recite the Holy Rosary
- Pious practice of the Way of the Cross (or other forms of devotion)
- Recite the Creed, the Lord's Prayer, and "a pious invocation to the Blessed Virgin Mary, offering this trial in a spirit of faith in God and charity towards their brothers and sisters."

These persons must also perform all of the following (three usual conditions) as soon as possible:

- Sacramental Confession
- Eucharistic communion
- Pray for the Pope's intentions

**The faithful not suffering from the coronavirus have the opportunity to obtain the indulgence when they: "Implore the Almighty God for the end of the epidemic, relief for those who are afflicted, and eternal salvation for those whom the Lord has called to Himself."**

In addition to the usual conditions mentioned above for a plenary indulgence, do at least one of the following:

- Visit the Blessed Sacrament or go to Eucharistic adoration
- Read the Holy Scriptures for at least half an hour
- Recite Holy Rosary
- Pious exercise of the Way of the Cross
- Recite the Chaplet of Divine Mercy