

My Confirmation Name – Sharing the Story of My Saint

My Full Name:

First: _____ Middle: _____ Last: _____

Confirmation Name: _____

Your name gives you an identity; it tells others who you are. When you were baptized, your parents chose your name. If you do not know your parents' reason for choosing your name, ask them about it. Now that you are about to be confirmed, it is time to choose the name that you will take as a sign of your new life as a fully initiated member of the Catholic Church.

The tradition of taking on a new name to show a new role can be traced back to the Old Testament. When Abram was called to lead his people to believe in the one true God, his name was changed from Abram to Abraham, meaning "the father of many nations." In the New Testament, we find Simon's name changed from Simon to Peter, meaning "Rock," because he was to become the rock upon which Jesus built our Church. Your Confirmation Name should reflect the NEW role you will undertake as a mature Catholic. Perhaps, you would like to take the name of a person whom you admire. Many Confirmation Candidates, recognizing the growing bond of love with their parents, take a parent's name or that of a close personal friend or relative. The only limit that is placed on your choice is that it must be a saint's name. You may choose your Baptismal name since Confirmation is the completion of Baptism. Visit <http://www.catholic.org/saints/> for additional information on the saints.

After you decide on a Confirmation name, complete the following regarding the saint whose name you have selected.

1. The saint that I chose as my namesake and my guide during my Confirmation preparation is:

_____.

2. I chose this name because: _____

3. Write a brief summary of your saint's life story.

4. What event in the life of this saint impressed you? Why?

5. Every saint is known for a particular quality or virtue. What special virtues did this saint have?

6. How can you imitate this saint today? Be specific:

7. Explain why your Confirmation name is meaningful to you:
