

Prayer Commitment

Intercessory Prayer

Intercessory prayer is simply praying on behalf of others. The Catechism of the Catholic Church states,

Intercession is a prayer of petition which leads us to pray as Jesus did. He is the one intercessor with the Father on behalf of all men, especially sinners. He is "able for all time to save those who draw near to God through him, since he always lives to make intercession for them." The Holy Spirit "himself intercedes for us...and intercedes for the saints according to the will of God." (CCC 2634)

Intercessory prayer invites the Holy Spirit to act. At the heart of intercessory prayer is the confidence that God can do amazing things when we trust in Him and call out to Him on behalf of others.

Focusoncampus.org

Morning Offering

O Jesus,

Through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father. Amen.

Lectio Divina

Lectio divina is spiritual reading of Sacred Scripture, especially the Gospels, in an important form of meditations.

1. The first element of this type of prayer is reading (*lectio*): take a short passage from the Bible, preferably a Gospel passage and read it carefully, perhaps three or more times. Let it really soak-in.

2. The second element is meditation (*meditation*). By using your imagination enter into the Biblical scene in order to "see" the setting, the people, and the unfolding action. It is through this meditation that you encounter the text and discover its meaning for your life.

3. The next element is prayer (*oratio*) or your personal response to the text: asking for graces, offering praise or thanksgiving, seeking healing or forgiveness. In this prayerful engagement with the text, you open yourself up to the possibility of contemplation.

4. Contemplation (*contemplatio*) is a gaze turned toward Christ and the things of God. By God's action of grace, you may be raised above meditation to a state of seeing or experiencing the text as mystery and reality. In contemplation, you come into an experiential contact with the One behind and beyond the text. Uscsb.org

Chaplet of Divine Mercy

The Chaplet of Mercy is recited using ordinary Rosary beads of five decades. The Chaplet is preceded by two opening prayers from the *Diary of Saint Maria Faustina Kowalska* and followed by a closing prayer. Learn how to pray the chaplet at thedivinemeracy.org

Way of the Cross

The stations of the cross are a powerful prayer experience. They can be prayed at the church meditating on each of the stations or at home. This devotion commemorates Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day. Specific prayers are recited, then the individual moves to the next station until all are complete. regularcatholicguy.com

Stations of the Cross at St. Patrick

Fridays During Lent

6:30 pm

Morning Prayer & Night Prayer

Praying the Liturgy of the Hours

<https://universalis.com/n-liturgy-structure.htm>

<http://www.ibreviary.com/m2/breviario.php>

Adoration

Visits to the Blessed Sacrament

Adoration of the most Holy Eucharist (the Blessed Sacrament) is coming before Christ in His entirety; His Body, Blood, Soul and Divinity to contemplate His incredibility and to lovingly adore Him.

When we do this, we are in His Real Presence, able to speak with Him in our mind and our heart.

To do this, the priest takes a consecrated host and places it in a monstrance. The monstrance is then placed on the altar of the church for exposition.

What do you do at Adoration? We have time alone with Jesus, praising and giving thanks. We may also wish to recite our favorite prayers, read Scripture, contemplate acts of faith, hope, charity, offer recompense for grievances against Him, pray a rosary before Our Lord. We can also simply sit and say nothing, just savoring His Presence with us.

Adoration at St. Patrick

Thursdays | 5:00-7:00 pm

Meal Prayers

Before | Bless us, O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ Our Lord. Amen

After | We give Thee thanks O Almighty God, for all Thy benefits. Who livest and reignest forever. Amen. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Spiritual Direction

www.ignationspirituality.com

Spiritual Reading

Examples of good books for spiritual reading can be found on the Lighthouse Media display.

Novena

The word “novena” is derived from the Latin word for nine, or “novem.” Typically, a novena refers to nine days of prayer, asking God for a specific intention, often through a Saint’s intercession. Novenas are a beautiful way to grow purposeful, consistent, and persistent in daily prayer. Many of the most popular and widely prayed novenas begin or end on a Saint’s feast day. *blessedishe.net*

Retreat

<https://madisondiocese.org/tec>

Mission

Bishop Hying will be hosting a Lenten Diocesan Mission, entitled, *You Will Be My Witnesses*.

Sunday, February 21 through Thursday, February 25
6:30 to 8:00 pm each night

Streamed live at:

[Facebook.com/saintjohnvianneyparish](https://www.facebook.com/saintjohnvianneyparish)

[Youtube.com/sjvjaneseville](https://www.youtube.com/sjvjaneseville)

Reconciliation | Confession

Regularly Scheduled

Monday-Friday 7:00 am Thursdays, 6:00-6:30 pm

Saturdays, 4:00-4:40 pm

Additional for Lent

Wednesday, March 3 6:00-8:00 pm

Wednesday, March 10 6:00-8:00 pm

Fasting

Ash Wednesday and Good Friday

1 meal and 2 half-meals for ages 18-59 as a sacrifice of love.