



STEPHEN MINISTRY

*When you or someone you know is in need of care...
You are not alone...*

What is St. Joseph Stephen Ministry?

Through one-to-one caring relationships, those who are hurting receive the love and care they need to support them.

- ♥ Is life more that you can handle alone right now?
- ♥ Are your health, your attitudes, or your relationships suffering?
- ♥ Are you adjusting to a new job, change in marital status, a serious illness, the death of a loved one, a recent move?
- ♥ Would you like to have someone in your life who really cares and listens?

Everyone goes through difficult times. Having someone to care, to listen, to share God's love with you can help you get through the confusion, stress, or loneliness you may be experiencing.

Who is a St. Joseph Stephen Minister?

They are lay men and women from our parish who lovingly and skillfully bring Christ's healing love to others. These men and women come from all walks of life, age ranges and backgrounds. They are dedicated Christians, trained and commissioned by St. Joseph's to confidential, in-depth caring.

How are St. Joseph's Stephen Ministers Trained?

St. Joseph Stephen Ministers receive approximately 50 hours of training learning listening skills and care-giving techniques. This training includes a retreat and is based solidly in our Christian faith and teachings. The Stephen Series also draws from the best tools of the health and psychological sciences. Throughout their care-giving service, Stephen Ministers receive continuing education in a variety of topics.

