

GUADALUPE FREE CLINIC OF COLONIAL BEACH, INC.

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GUADALUPEFREECLINIC.ORG

NEWSLETTER

Volume 16, Number 1

Lent/Easter 2019

LENTEN ALMSGIVING: Please consider a donation to the GFC in the spirit of almsgiving, one of three traditional spiritual practices of the Lenten season. A great way to donate is through our newest program: **The Tilma Circle**
TILMA CIRCLE PROGRAM: The program attracts supporters of the Clinic to consider a monthly donation to the general fund to defray our costs and help us project income for the year. Due to our low overhead costs, every \$100 donated translates into \$1,200 of free health care services! There is no minimum amount to donate in order to join! Even a \$20/month donation helps! Simply visit the clinic website at guadalupefreeclinic.org and click on the Tilma Circle button on the home page. Questions? Please contact us via the emails listed on the website or call (804) 224-0571.

4th ANNUAL ROSES OF CASTILE GALA - HISTORIC SUCCESS: Thanks to the leadership of co-chairs Marguerite Thompson, Stacy Melancon, and their extraordinary team of volunteers (especially Karen Taylor), the 4th Annual Roses of Castile Gala was the Clinic's most successful fundraising event ever. Over 150 guests participated in this year's event on February 9th at the Old Hickory Golf Club in Woodbridge, Virginia. The event sold out 8 weeks prior to February 9, so plans are in the works to increase the number of participants to 200 for next year. Pictures of the Gala and our Gala-funded facility upgrades can be seen on the Clinic's website. *Work is well underway to make major facility upgrades that will help prolong the Clinic building's life by another 10-15 years. Your donations help defray the costs of keeping our 94-year-old facility in good shape and provide our volunteers and patients with a safe and adequate facility to continue our mission.*

TILMA AWARD: Len and Sylvia Fontenot, who helped Fr. Magat establish the Clinic in 2005 and have served on the Clinic's board for its entire existence, were awarded the inaugural **Tilma Award** at the Roses of Castile Gala on February 9 recognizing their many years of dedicated and selfless service to the mission of the Clinic. Congratulations!

SAVE THE DATE: The 6th Annual Guadalupe Free Clinic Golf Classic will be held on Monday, August 5, 2019, at our **NEW VENUE - the Potomac Shore Golf Club in Dumfries, Virginia.** Potomac Shores is the only public Jack Nicklaus signature designed course in the Washington, DC area. In 2014, *Golf Digest* named it one of the Best New Courses in the U.S., and in 2016 and 2017 it was one of Golfweek's Top 10 Best State by State courses you can play. *We will have the entire course to ourselves that day!* See our website for details.

TWO GRANTS: The Clinic is pleased to announce receipt of a generous grant from the Community Benefit Fund of Mary Washington Hospital Foundation (MWHF) in January. The grant will be used to defray operating costs and the purchase of patient medications. On February 4, 2019, the Clinic was awarded an Arlington Diocese Catholic Relief Services Rice Bowl grant to facilitate diabetes education for Clinic patients.

BY THE NUMBERS: In 2018, the Clinic served 207 patients, and conducted 1,789 patient visits/appointments. Clinic patients were also referred to 27 external medical specialists who provided free services valued at \$1.03 million. The Clinic also utilized a Patient Assistance Program with various pharmaceutical companies resulting in Clinic patients receiving \$313,295.91 in free medications. Clinic volunteers logged a total of 6,751 volunteer hours (3,626 medical hours and 3,125 non-medical hours). The Clinic's value of services since opening its doors in 2005 is estimated to be more than \$16.5 million in free health care. On average, every \$1,000 donated to the GFC generated about \$12,000 in free care.

STAFF CHANGES: In January 2019, Beth Collins became the Clinic's New Clinical Coordinator. She was previously a Family Practice Triage/Coordinator for 7 years in rural Virginia. Also, one of our current volunteers, Tom Fish, agreed to become our Pharmacist in Charge. We are very grateful and excited to have Beth and Tom assume these roles at the Clinic.

OUR NEEDS: YOUR PRAYERS and *pharmacists, pharmacist technicians, bi-lingual interpreters, eligibility coordinators, doctors and nurses!* Contact Lance Carrington at lcarrington@guadalupefreeclinic.org. **We are happy to provide charitable contribution end of the year statements for your tax purposes.** *Please make checks payable to: GFC OF CB, Inc.*