



**Notre Dame Academy**

Pre K-3 to 8

312 First St. Palisades Park, NJ 07650

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Mark Valvano, Principal

**2021/2022 School Year**

Dear Parent/Guardians of Pre-School students,

All pre-school children are required by the NJ State law to obtain the seasonal flu vaccine between September and December 2021.

Influenza (the flu) is a contagious respiratory illness caused by influenza viruses. It spreads from person-to-person and can cause mild to severe illness. In the United States, yearly outbreaks of seasonal flu usually begin in the fall and can continue on through early spring. The best way to prevent the flu is by getting an annual flu shot. Young children are more likely to get sick from the flu because their immune systems aren't strong enough to fight off the infection.

Written proof of receiving the seasonal flu shot must be submitted to the school nurse prior to the winter break (December 21, 2021). **Failure to submit this documentation will result in your child being unable to return to school in January.**

Please make an appointment with your child's pediatrician to get the vaccine.

If you have any questions about this New Jersey State immunization requirement, please contact me.

Please have your medical practitioner complete the bottom section of this form and return it to me as soon as possible.

Thank you,

Krista Van Wettering, RN

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**Student Name:** \_\_\_\_\_ **Pre-school year 2021-2022**

**Influenza Vaccine: 1 dose between September 1, 2021 and December 31, 2022**

**Date given:** \_\_\_\_\_

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**Doctor/Nurse Practitioner Signature**

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**Print Doctor/Nurse Practitioner Name**

**\*\*\*Please return to Nurse Before Jan 3, 2022. Failure to comply may result in your child's exclusion from school.**