

Confirmation Prep

First Class: Getting to Know

- Welcome them back!

- Take attendance

Optional name-remembering game to help everyone:

Have a teen pick a category then go around the circle saying an item that starts with the first letter of your name (ie. food - "Jalapeno Jaime"), each teen must repeat everyone else name before their own.

Icebreaker Suggestions: *(pick one or both, or come up with your own)*

The goal is to get to know each other better so have the teens expand upon things and ask questions.

Make sure you participate too!

- Two Truths & a Lie

Have each person share three statements about them themselves. Two statements should be true and one should be false. Have the rest of the group guess which statement is the lie.

- Things In Common

Everyone holds all 10 of their fingers up. Going around in a circle, everyone says something about themselves, whoever the statement doesn't apply to puts one of their fingers down until you're left with someone who still has fingers left (ie, "I have 2 siblings" - those who do not have 2 siblings lose a finger)

Opening prayer

- Pray for open hearts and open minds and for the Holy Spirit to guide your discussion
- You can mention that you will begin and end every class in prayer and that your hope is that they will start to volunteer to do so as the year goes on.

Acknowledge the fact that some of them may not want to be here and are only here because their parents are making them. Acknowledge that some of them might even be wondering if the Catholic faith is something they want to be a part of. Let them know that during this class you want them to be honest about their questions and doubts and that you don't know everything about the faith either but that you know where to look to find the answers and that your hope is that you can all grow closer to God together. Also share with them your hope that throughout your time together, they move from having to be here to wanting to. And that they come to know Jesus on a deeper and personal level. Their participation is important. This is our class for the year, we might as well get the most of our time together.

Things to cover:

- An overview for how the year is going to go
- That you're here to journey with them for the next two years as they prepare for Confirmation
- Why you are here as their catechist
- Why you chose your group's saint (share a little about their life)
- Follow up with anything from last week's Ignite session (if applicable)
- What is Confirmation? (let them answer and then expand upon)
- What will be expected of them and why?
 - Choosing a sponsor
 - Choosing a saint
 - Writing an essay
 - Service projects
 - The website
 - Attendance and make-up classes
 - No cell phones
- Follow up with anything from last week's Ignite session *(if applicable, go over any questions you didn't get to)*

End with High / Low if you have time *(everyone goes around saying a low and a high point for the week)*

- *Let them know you'll be doing this weekly because you will be journeying together for a year and you want to know what's going on in their lives and ways you can pray for them/each other.*

Closing prayer (either ask for a volunteer or do yourself)