

WHAT DO YOU KNOW? EUCHARIST

[HANDOUT A]

1. The word "Eucharist" means _____.
a. worship b. thanksgiving
c. Jesus d. adoration
2. At Mass, the bread becomes Jesus' _____ and the wine becomes his _____.
3. The process by which the bread and wine become the body and blood is called _____.
a. transubstantiation b. transformation c. excommunication
4. Priests and bishops are the only people who can consecrate the bread and wine.
a. true
b. false
5. The first Holy Communion took place:
a. in the Old Testament b. at the Last Supper c. in the year 153 AD
6. You are required to fast for at least _____ hour before receiving Holy Communion.
7. The sacred vessel that holds the Blessed Sacrament during Eucharistic Adoration is called _____.
a. a monstrance b. a vase c. a magnificat
8. If you do not fully and completely understand and grasp all aspects of the Sacrament of the Eucharist, you cannot be Catholic.
a. true
b. false
9. After Mass, the extra consecrated hosts are placed in the _____.
a. vesting room b. vessel
c. chalice d. tabernacle

WHAT I'M THANKFUL FOR

[HANDOUT B]

1. God, I am so thankful that you are... (insert at least 3 adjectives that describe God)

2. God, I am so thankful that you have... (insert at least 3 things that God has done)

3. God, you have blessed me greatly. I am so thankful that I am... (insert at least 3 adjectives that describe you)

4. God, you have given me many gifts. I am so thankful that you've blessed me with... (insert at least 3 talents that God has blessed you with)

5. God, I am also thankful for... (insert at least 3 more things you are thankful for)
