



# SPX Small Groups

*Life is Better Together*

Grow Your Faith Week 2– February 28  
2<sup>nd</sup> Sunday in Lent



- 1) Would you rather mountain climb or scuba dive?
- 2) What place on earth had either the highest elevation or lowest depth that you have ever visited? What was it like there? Why did you go?
- 3) Have the past twelve months had more high points or low points for you? Where are you this week in terms of highs and lows?
- 4) In the first reading (Gn 22:1-2, 9a, 10-13, 15-18), God seems to test Abraham's faith by asking him to sacrifice his son Isaac. When Abraham is willing to do as God asks, God relents and spares the boy.
  - a. Do you think God still tests people's faith? To what end?
  - b. Has God ever tested your faith? How?
- 5) Can you describe how God was present to you at high point in your life? Has the memory of that experience helped you to anchor your faith during low moments?
- 6) How has God used a low point in your life to build your faith? Did you recognize God's presence at the time?
- 7) As parents, it is hard to watch our kids suffer or fail. How do you think God feels when we suffer or fail? Why does he allow it?
- 8) What lessons have you learned from past suffering or failure?
- 9) How might your perspective on the low points in your life change if you shift your mindset from "God is doing something TO me" to "God is doing something IN me?"
- 10) Given our discussion, the one thing I will work on this week is \_\_\_\_\_.
- 11) Watch the video extra and discuss the questions at the end.