



## Second Year Confirmation 2020 – 2021 Calendar

### September

- Sept 13 - 7:15 pm Orientation for Parents
- Sept 20 - 7:15 pm Getting to Know your Small Groups and Small Group Leaders
- Sept 26 - 8 am Acts of Mercy (Corporal)

### October

- Oct 4 - 7:15 pm Parents Session 1 – “What do you Seek”
- Oct 11 - 7:15 pm Chosen 14 – Why have I been Chosen?
- Oct 17 - 8 am Act of Mercy (Corporal)
- Oct 25 - 7:15 pm Chosen 15 – Why do I have to go to Mass?

### November

- Nov 1 - 7:15 pm Parents Session 2 – “Who are you?”
- Nov 8 - 7:15 pm Chosen 12 – Holy Spirit
- NOV 8: SPONSOR CERTIFICATES DUE - turn in to Parish Office**
- Nov 14 - 3 pm Acts of Mercy (Spiritual)
- Nov 22 - THANKSGIVING BREAK
- Nov 29 - 7:15 pm Chosen 13 – Gifts of the Holy Spirit

### December

- Dec 6 - 7:15 pm Parents Session 3 – “Why a God?”
- DEC 6 - Online Registration Begins for Confirmation Retreat**
- Dec 13 - 7:15 pm Chosen 18 – Are you Talking to me?
- Dec 19 - 8:00 am Acts of Mercy (Corporal) – Canned Goods Drive for St. Vincent de Paul
- DECEMBER 19 - 1 Corporal AOM Summary Due & 1 Spiritual AOM Summary Due – take a picture and send to MBlack@holyfamilychurch.net**
- Dec 27 - CHRISTMAS BREAK NO CLASS

## Confirmation 2020 -2021

### January

Jan 3 - CHRISTMAS BREAK NO CLASS

Jan 10 - 7:15 pm Parents Session 4 – “What’s our Story”

**JAN 10 - SAINT REPORT AND BISHOPS LETTER DUE - take a picture and send to Mary B**

Jan 17 - 7:15 pm Chosen 19 – Who is Mary?

**JAN 23 - CONFIRMATION RETREAT - Parish Hall (2 – 6pm) – Separate Registration**

Jan 24 - BREAK

Jan 31 - 7:15 pm Chosen 20 – What would Jesus do?

### February

Feb 7 - 7:15 pm Parents Session 5 – “Who is Jesus”

Feb 14 - 7:15 pm Reborn

Feb 20 - 8 am Corporal Acts of Mercy

Feb 28 - 7:15 pm Forgiven

### March

Mar 7 - 7:15 pm Parents Session 6 – “Am I Saved?”

Mar 14 - 7:15 pm SPRING BREAK NO CLASS

Mar 21 - 7:15 pm Chosen 23 – How to build the Kingdom?

Mar 27 - 3 pm Acts of Mercy (Spiritual) – Living Stations

**March 27 - 1 Corporal AOM Summary Due & 1 Spiritual AOM Summary Due**

### April

April 4 - Easter Sunday

April 11 - 7:15 pm Parents Session 7 - “Why a Church?”

April 18 - 7:15 pm Chosen 24 – Where do I go from here?

April 24 - 8 am Corporal Acts of Mercy

April 25 - 7:15 pm Discernment Interviews

### May

**May 2 - 7:15 pm CONFIRMATION MEETING (SPONSORS and CANDIDATES)**

**May 7th, 8th & 9th - CONFIRMATION MASSES**

**Confirmation Sponsor Form  
DUE November 8, 2020**

Holy Family of Nazareth Catholic Church  
2330 Cheyenne Street - Irving, Texas 75062  
[www.holyfamilychurch.net](http://www.holyfamilychurch.net)  
972-252-5521

(Please Print) To be completed by the sponsor and signed by his / her parish priest.

**Candidate's (Student) Name** \_\_\_\_\_

Name of Confirmation Sponsor's \_\_\_\_\_

Sponsor's Address \_\_\_\_\_

Sponsor's Phone # \_\_\_\_\_ email: \_\_\_\_\_

Sponsor, you have been asked to walk with this young Catholic on his/her journey of faith. We ask that you reflect on how much farther on the journey you are and how your relationship with Jesus can make a difference to this younger person. This is more than just an honor. You are being asked to be a role model of faith. How will you do this, and what does it mean for your faith as well?

Please answer the following questions by circling the appropriate response.

Please circle either YES or NO for each question:

YES NO Are you a baptized Roman Catholic?

YES NO Are you at least 16 years of age?

YES NO Have you received Confirmation and Holy Eucharist in the Catholic Church?

YES NO Are you married?

If yes, was your marriage celebrated in the Catholic Church? YES NO

If not, are you living with another person in a romantic relationship? YES NO

**I, \_\_\_\_\_, sign this document in the presence of a representative**  
(Sponsor's Name)

**at the Catholic parish where I am registered and understand that by my signature, I attest that what I have circled above is truthful.**

**Sponsor's Signature** \_\_\_\_\_

**Parish Name, City, State** \_\_\_\_\_

**Parish Representative's Signature / Title** \_\_\_\_\_  
(if parish is not Holy Family of Nazareth)

**Date** \_\_\_\_\_

**Church Seal**

## The Corporal Works of Mercy (Source: USCCB)

The Corporal Works of Mercy are found in the teachings of Jesus and give us a model for how we should treat all others, as if they were Christ in disguise. They "are charitable actions by which we help our neighbors in their bodily needs" (USCCA). They respond to the basic needs of humanity as we journey together through this life. The seven Corporal Works of Mercy are listed below. After each work of mercy there are also suggestions and words of advice for living them out in our daily lives.

### Feed the Hungry

There are many people in this world who go without food. When so much of our food goes to waste, consider how good stewardship practices of your own food habits can benefit others who do not have those same resources.

- Having delicious food at Thanksgiving or Christmas dinner? Donate to a Thanksgiving or Christmas food drive so everyone can have something to eat.
- Research, identify and contribute financially to organizations that serve the hungry.
- The next time you make a recipe that can be easily frozen, make a double batch and donate one to your local food pantry or soup kitchen.
- Try not to purchase more food than you are able to eat. If you notice that you end up throwing groceries away each week, purchasing less groceries would eliminate waste and allow you to donate the savings to those in need.
- Give Drink to the thirsty Many of our brothers and sisters in Christ do not have access to clean water and suffer from the lack of this basic necessity. We should support the efforts of those working towards greater accessibility of this essential resource.
- We take it for granted that we have access to clean water. Donate to help build wells for water for those in need
- Organize a group of children involved on a sports team (e.g. soccer) or a summer camp. Invite them to collect bottled water to distribute at a shelter for families. If parents can be involved, ask them to accompany their children in delivering the water to the families.
- Do the same for youth and young adult groups.
- Make an effort not to waste water. Remembering to turn off the water faucet when you are brushing your teeth or washing dishes can help, especially in regions suffering from drought.

## Shelter the Homeless

There are many circumstances that could lead to someone becoming a person without a home. Christ encourages us to go out and meet those without homes, affirming their worth and helping them seek a resolution to the challenges they face.

- See if your parish or diocese is involved with a local homeless shelter and volunteer some time.
- Donate time or money to organizations that build homes for those who need shelter.
- Many homeless shelters need warm blankets for their beds. If you can knit or sew that would be an extra loving gift.
- There are millions of children and families who are on the move, fleeing from war, illness, hunger and impossible living conditions, and searching for peace and safety. Engage parish groups of children, youth, young adults, and families in doing some research on the causes and challenges that these families face to survive.

Contact Catholic Social Services, or diocesan offices of peace and justice for help with your research. Seek ways to provide shelter for the homeless locally, regionally, nationally or internationally.

## Visit the Sick

Those who are sick are often forgotten or avoided. In spite of their illness, these individuals still have much to offer to those who take the time to visit and comfort them.

- Give blood
- Spend time volunteering at a nursing home – Get creative and make use of your talents (e.g. sing, read, paint, call Bingo, etc.)!
- Take time on a Saturday to stop and visit with an elderly neighbor.
- Offer to assist caregivers of chronically sick family members on a one-time or periodic basis. Give caregivers time off from their caregiving responsibilities so they can rest, complete personal chores, or enjoy a relaxing break.
- Next time you make a meal that can be easily frozen, make a double batch and give it to a family in your parish who has a sick loved one. Visit the prisoners People in prison are still people, made in the image and likeness of God. No matter what someone has done, they deserve the opportunity to hear the Word of God and find the Truth of the message of Christ.
- See if your parish, or a nearby parish, has a prison ministry and if so, get involved.
- Volunteer to help out or donate to charities that give Christmas presents to children whose parents are in prison.



## Bury the Dead

Funerals give us the opportunity to grieve and show others support during difficult times. Through our prayers and actions during these times we show our respect for life, which is always a gift from God, and comfort to those who mourn.

- Send a card to someone who has recently lost a loved one. Make your own card and use some of these prayers.
- Visit the cemetery and pray for those you have lost.
- Spend time planning your own funeral mass, read through the Order of Christian Funerals and find our hope in the Resurrection.

## Give Alms to the Poor

- Donate money to organizations that have the ability to provide support and services for those in need. Do research and find organizations that put people in need first, rather than profit.
- Skip the morning latte and put that money in the collection basket at church.
- Find a charity that is meaningful to you and volunteer your time or donate.
- This Lent give up eating out at restaurants. Pack your meals and donate the extra money to charities.
- Participate in CRS Rice Bowl

## Here are additional practical recommendations:

1. Clean your closet or garage. Donate what you do not use to St. Vincent de Paul thrift shop  
Materials: - Black Trash bag for things to dispose - White Trash bag for things to donate  
Procedure: - Schedule a day for clean up - Sort stuff (Shirts, Shoes, Electronics, Toys) - Schedule a day to donate to St. Vincent de Paul - Take photos - complete the AOM form and turn in

2. Community Park Clean up (VOLUNTEERING YOUR TIME)  
Materials: - Trash Bags - Trash Picker  
Procedure: - Schedule a day for clean-up - Wear Masks (Optional in open areas) - Pick up Trash and put it in the Park Trash bins - Take Photos – complete the AOM form and turn in

# #1 Corporal Acts of Mercy (AOM) Reflection Summary

Due: December 19, 2020

Youth Name: \_\_\_\_\_

Location of Service: \_\_\_\_\_

What service did you do? \_\_\_\_\_

Please attach a photo here:

What did you learn from this experience?

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Why do you think this service project is important in our faith journey?

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## #2 Corporal Acts of Mercy (AOM) Reflection Summary

Due: March 27, 2021

Youth Name: \_\_\_\_\_

Location of Service: \_\_\_\_\_

What service did you do? \_\_\_\_\_

Please attach a photo here:

What did you learn from this experience?

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Why do you think this service project is important in our faith journey?

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## The Spiritual Works of Mercy (Source: USCCB)

The Spiritual Works of Mercy have long been a part of the Christian tradition, appearing in the works of theologians and spiritual writers throughout history. Just as Jesus attended to the spiritual well-being of those he ministered to, these Spiritual Works of Mercy guide us to "help our neighbor in their spiritual needs" (USCCA). The seven Spiritual Works of Mercy are listed below. After each work of mercy there are also suggestions and words of advice for living them out in our daily lives.

### Counseling the Doubtful

Everyone has moments of doubt in their faith journey. Nevertheless, we should always remember that Christ is the Way, the Truth, and the Life and turn to him along our way.

- Listen to counsel and receive instruction, that you may eventually become wise" (Prov 19:20) – at [formed.org](http://formed.org), watch "The Search" series as a Family. - The Cross of Christ "the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength" (1 Cor 1:25)
- Offer Advice. Has someone asked you for advice? Orient your response to Christ, who is the Way, the Truth, and the Life - Follow Christ with the witness of your life so that others may see God's love revealed in your actions
- Accompany a friend who is struggling with believing to join a parish group for service or faith formation, share a book you found useful in dealing with your friend's faith concern, and worship at Sunday Mass

### Instructing the Ignorant

Learn about our faith and be open to talking with others about our beliefs. There is always something more to discover about our faith.

- Go on a service trip or short-term mission trip. No time? Donate to support someone on their service trip
- Volunteer to help with religious education programs at your parish • Invite someone to go to mass with you this weekend

## Admonishing the Sinner

Do not judge, but be supportive in helping others find their way and correct their mistakes. Together we can learn to walk more closely with Christ.

- Go to regular confessions. In humility we must strive to create a culture that does not accept sin, while realizing that we all fall at times
- Don't judge, but guide others towards the path of salvation (see Mt 7:1- 2)
- Correct someone lovingly. When you correct someone, don't be arrogant. We are all in need of God's loving correction. - "Remove the wooden beam from your eye first; then you will see clearly to remove the splinter from your brother's eye" (Mt 7:5) 4. Comforting the sorrowful Be open to listening and comforting those who are dealing with grief. Even if we aren't sure of the right words to say, our presence can make a big difference.
- Lend a listening ear to those going through a tough time
- Make a home cooked meal for a friend who is facing a difficult time
- Write a letter or send a card to someone who is suffering - A few moments of your day may make a lifetime of difference to someone who is going through a difficult time 5. Forgiving injuries Forgiving others is difficult at times because we do not have God's limitless mercy and compassion. But Jesus teaches us that we should forgive as God forgives, relying on him to help us show others the mercy of God
- Let go of grudges
- Saying sorry is something we learn as kids, but how often do we really mean it? Forgiveness transforms hearts and lives
- Going to regular Confessions

## Bearing Wrongs Patiently

Do not be bitter about wrongs done against you. Place your hope in God so that you can endure the troubles of this world and face them with a compassionate spirit.

- Respond rather than react! Frustrated with someone? Step away from the situation, take a few deep breaths, pray the Our Father, asking God for patience

## Praying for the Living and the Dead

Prayer is one of the most powerful ways we can support others. Joining together in prayer for the living and the dead entrusts us all into God's care.

- Request a mass intention for a friend or family member who is going through a tough time
- Request a mass intention for a friend or family member who has passed away
- Pray for HEALING for the world by praying the ROSARY as a family.
- JOIN the "IN-Person" AOM through live streaming.
- Keep your own book of prayer intentions, writing down the names of those who you are keeping in your prayers
- Ask a friend or family member if there is anything you can pray for them about
- Through prayer, entrust your cares and concerns for those around you to God Each teen needs to accomplish at least 2 to fulfill the requirement. Submit AOM reflection form after fulfilling each AOM.

# #1 Spiritual Acts of Mercy (AOM) Reflection Summary

## Due: December 19, 2020

Youth Name: \_\_\_\_\_

What Spiritual AOM did you fulfill?

- \_\_\_ Counsel the doubtful
- \_\_\_ Instruct the ignorant
- \_\_\_ Admonish the sinner
- \_\_\_ Comfort the Sorrowful
- \_\_\_ Forgiving injuries
- \_\_\_ Bearing wrongs patiently
- \_\_\_ Praying for the Living and the Dead

Date fulfilled: \_\_\_\_\_

What did you learn from this experience?

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Why do you think this service project is important in our faith journey?

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## #2 Spiritual Acts of Mercy (AOM) Reflection Summary

Due: March 27, 2021

Youth Name: \_\_\_\_\_

What Spiritual AOM did you fulfill?

- Counsel the doubtful
- Instruct the ignorant
- Admonish the sinner
- Comfort the Sorrowful
- Forgiving injuries
- Bearing wrongs patiently
- Praying for the Living and the Dead

Date fulfilled: \_\_\_\_\_

What did you learn from this experience?

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Why do you think this service project is important in our faith journey?

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## Choosing a Saint to be A Model for Your Life

### Saint Summary

Due: January 10, 2021

Confirmation names are selected from Christian names of canonized saints. Saints are ordinary people who strove to do God's will. They had many of the same gifts and faults as we all do. In their lives they found intense love for Jesus Christ and ordered their lives to respond to the person He called them to be. You should realize that saints are our role models so it might be helpful to choose a saint that excites or inspires you to shares in some of the same struggles or concerns that you experience. You can also use your baptismal name. Sometimes parents name their children after a particular saint. You may wish to visit with your parents about how they chose your name. Whichever saint you choose, make sure that you have a meaningful connection with that saint.

2 Formats you can choose for your report:

1. What did he or she do to be declared a saint?
2. What do you admire about this saint?
3. Why did you choose this saint?
4. When did this saint live?

OR

1. If you could invite a saint to dinner, who would you choose and why?
2. What symbol best represents what this saint stood for? Explain
3. Why is this saint an important companion on your faith journey?
4. How do you relate to this saint?

Resources for your report:

You can find information on the lives of the saints on the internet. [www.catholic.org/saints](http://www.catholic.org/saints) (Catholic.org) [www.usccb.org](http://www.usccb.org) (United States Conference of Catholic Bishops) [www.catholicanswers.com](http://www.catholicanswers.com) (Catholic Answers)



## A Letter to our Bishop Requesting Your Desire to Be Confirmed

Due: January 10, 2021

You are free to respond to God's call to live your faith more deeply – to worship, witness and serve as a confirmed Catholic Christian. If you wish to receive the Sacrament of Confirmation, write a formal letter of request to the Bishop, stating your desire to be confirmed.

Follow these guidelines: Please write legibly.

**GREETING** Begin your letter with the greeting: Your Excellency,

**BODY OF THE LETTER**

Paragraph 1: Introduce yourself. Say something about you, your family or your background.

Paragraph 2: Request the sacrament. Give some reasons why you would like to be confirmed.

Paragraph 3: Explain how you have prepared for the sacrament. It is important that you tell about some specific parts of your preparation: what have Family Classes meant to you and your parents, the retreat, your prayer life, your celebration of the other sacraments, your service to others exercised at home, in the community and in the parish, etc.

Paragraph 4: Tell how you will continue to carry out your life of service to God and others through the power of the Holy Spirit. Tell how you plan to make your Confirmation in the Faith real and alive in your life.

**CONCLUSION** Conclude the letter and write your full name, signature.

Please be sure to check your spelling and grammar.