

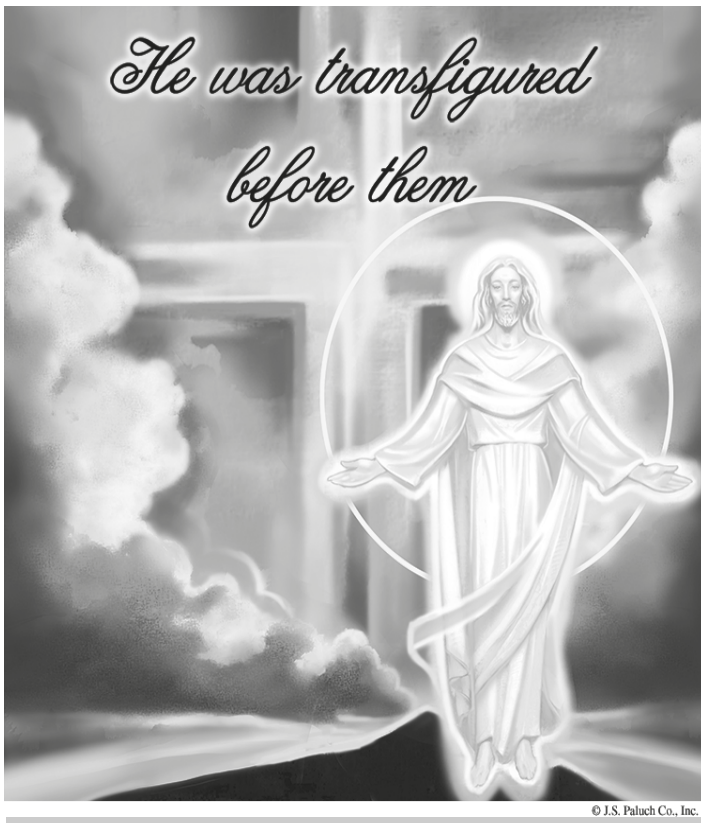
# Sacred Heart Catholic Church

2889 N. Lincoln Ave. Altadena, CA 91001



March 8, 2020

Second Sunday of Lent



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## PARISH MISSION STATEMENT

**Love God. Serve others.  
Make disciples.**

*Amar a Dios. Servir a los demás.  
Hacer discípulos.*

*Mahalin ang Diyos. Magsilbi sa kapwa.  
Gumawa ng mga alagad.*

*Yêu Chúa. Phục vụ người khác.  
Làm Môn đệ.*

## PARISH STAFF

**Pastor:** Fr. Jose Vaughn Banal, Ph.D. Ext. 335  
**Weekend Support Priest:** Fr. JB Hung Pham, CSsR  
**Deacon:** Mr. Jose Luis Diaz Ext 332  
**Faith Formation Director:** Florinda Gutierrez Ext. 340  
**Confirmation Coordinator:** Griselda Torres Ext 336  
**Business Manager:** Mario Lopez Ext. 333  
**Parish Secretaries:** Gabriela Garcia & Iris Bernabe  
**Plant Maintenance:** Hector and Graciela Torres  
**Housekeeper:** Estela Carrillo  
**Weddings:** Jose Luis & Maria Diaz (626) 798-5106  
**Parish Hall Rental:** Antonio Casas (626) 497-3011  
**Protecting God's Children:** Florinda Gutierrez

## Masses / Misas

**Daily / Diaria** MWF - 8:00 am English  
TTh / Martes y Jueves - 6:00 pm Spanish  
**Saturday / Sábado** 5:00 pm English  
**Sunday / Domingo** 7:30 am & 10:30 am English  
9:00 am y 12:00 pm Spanish  
2:30 pm Vietnamese  
5:00 pm Filipino/English (1st Sun. of the Month)  
**Holy Days / Días de Fiesta:** 8:00 am English  
**Confession / Confesiones:** Sat. 4:00pm– 5:00pm  
and/or by appointment during weekdays.

## MINISTRY CENTER

600 W. Mariposa St. Altadena, CA, 91001  
**Phone:** 626/794-2046 • **Fax:** 626/794-8315  
**Parish Office Hours:** Mon.– Fri. 9:00 am– 6:00 pm,  
Sat. & Sun. 9:00 am– 12:00 pm

### Email address:

[sacredheartchurch@att.net](mailto:sacredheartchurch@att.net)

### Website:

[www.SacredHeartAltadena.com](http://www.SacredHeartAltadena.com)



**Sunday Collection — March 1<sup>st</sup>**

Amount Collected: \$5,106.<sup>00</sup>  
 Online Giving: \$0.<sup>00</sup>  
 Amount needed to meet budget: \$7,900.<sup>00</sup>  
 Under Budget: \$2,794.<sup>00</sup>  
 \*\*\*\*\*  
 Ash Wednesday: \$1,420.<sup>00</sup>

**Colecta Dominical — 1 de marzo**

Cantidad Colectada: \$5,106.<sup>00</sup>  
 Donación en línea: \$0.<sup>00</sup>  
 Necesidad para cumplir el presupuesto: \$7,900.<sup>00</sup>  
 Abajo del presupuesto: \$2,794.<sup>00</sup>  
 \*\*\*\*\*  
 Miércoles de Cenizas: \$1,420.<sup>00</sup>

**LENTEN FRIDAYS' ACTIVITIES**

Date	Soup	Stations of the Cross
March 13 <sup>th</sup>	Lectors	Lectors
March 20 <sup>th</sup>	KC/KPC/Altar Society	KC/KPC/Altar Society
March 27 <sup>th</sup>	Small Faith Communities	Small Faith Communities
April 3 <sup>rd</sup>	Religious Education	Religious Education

**ACTIVIDADES DE LOS VIERNES DE CUARESMA**

Fecha	Sopa	Vía Crucis
13 de marzo	Lectores	Lectores
20 de marzo	KC/KPC/Altar Society	KC/KPC/Altar Society
27 de marzo	Pequeñas Comunidades	Pequeñas Comunidades
3 de abril	Educación Religiosa	Educación Religiosa

**“VIRTUS” RECERTIFICATION TRAINING**

Please be informed that the Virtus Recertification, both in English & Spanish, is scheduled on **Saturday, March 14<sup>th</sup>** at 9:00 AM. It will take place in the Ministry Center. For more information, please call (626) 794-2046 x 340 to register for the class.

**ENTRENAMIENTO PARA LA RECERTIFICACIÓN DE VIRTUS**

Se informa a todos los voluntarios que la recertificación de Virtus está programada para el **sábado, 14 de marzo** a las 9,00 a.m. Se llevará a cabo en el Centro del Ministerio. Para obtener más información, llame al (626) 794-2046 x 340 para registrarse en la clase.

**THE HEAVIEST LOAD**

*A chip on the shoulder is the heaviest load anyone can carry.*  
 —Anonymous

**LA MAYOR CARGA**

*Cargar resentimiento es la mayor carga que puedes echarte encima.*  
 —Anónimo

**“COME & SEE”**

The Parish Pastoral Council, together with the Leadership Team, invites you to come and join us to a “New Evangelization” Program for Adults, based on “Word on Fire” Productions by Bishop Robert Barron, D.D. It will be held on **March 13<sup>th</sup> at 7 PM** in the Parish Hall.

Please invite your family and friends on this spiritual enrichment.

**“VEN A VER”**

El Consejo Pastoral Parroquial, junto con el Equipo de Liderazgo, lo invita a unirse y participar en un programa de “Nueva Evangelización” para adultos, producido por la empresa, “Palabra en Llamas” y fundado por el obispo Robert Barrón, D.D. Se llevará a cabo el **13 de marzo a las 7 PM** en el Salón Parroquial.

Por favor, invite a su familia y amigos a este enriquecimiento espiritual.

**NOVEL CORONAVIRUS (COVID-19) PREPARATION GUIDELINES FOR PARISHES, SCHOOLS AND OTHER MINISTRIES IN THE ARCHDIOCESE OF LOS ANGELES**

As communities and public health officials respond to the outbreak of novel coronavirus (COVID-19) and closely monitor its presence and progression in different parts of the world, the Catholic Church in the United States stands in solidarity with those affected by the novel coronavirus and their families and the health workers who are valiantly trying to diagnose and treat patients. We offer our prayers for healing and support for those organizations, both domestic and international, working to provide medical supplies and assistance to address this serious risk to public safety.

**While the Center for Disease Control (CDC) has stated that the immediate risk of this new virus to the American public is believed to be low at this time, everyone can do their part to help respond and limit the impact of this emerging public health concern. The Archdiocese recommends the following for all at parishes, offices and ministries (in accordance with the guidance from the CDC and the County Departments of Public Health in the Archdiocese of Los Angeles):**

As communities and public health officials respond to the outbreak of novel coronavirus (COVID-19) and closely monitor its presence and progression in different parts of the world, the Catholic Church in the United States stands in solidarity with those affected by the novel coronavirus and their families and the health workers who are valiantly trying to diagnose and treat patients. We offer our prayers for healing and support for those organizations, both domestic and international, working to provide medical supplies and assistance to address this serious risk to public

- **Stay home when you are sick.** Contact your healthcare provider and tell them about your symptoms and your travel. Please encourage parishioners, students, parents, staff and others to stay home if they are sick and be prepared to provide accommodations that allow for employees and students to stay home.
- It is currently flu and respiratory disease season and CDC recommends getting a flu vaccine, taking everyday preventive actions to help stop the spread of germs, and taking flu antivirals if prescribed.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Limit close contact, like kissing and sharing cups or utensils, with people who are sick.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have a tissue, use your sleeve (not your hands).
- Facemasks are most effective when used appropriately by health care workers and people who are sick.
- If you have been in a country with confirmed cases of infection or have been exposed to someone sick with COVID-19 in the last 14 days, you will face some limitations on movement and activity. Please follow instructions from healthcare providers during this time. Your cooperation is integral to the ongoing public health response to try to slow spread of this virus. If you develop COVID-19 symptoms, contact your healthcare provider, and tell them about your symptoms and your travel or exposure to a COVID-19 patient. **For people who are ill with COVID-19, please follow CDC guidance on how to reduce the risk of spreading your illness to others.**

**REMEMBER: It is important to report any possible cases of infection and maintain good communication with all in your ministries and the public.**

**Reporting and Communication Recommendations:**

- **All locations in the Archdiocese should maintain close contact with the Archdiocesan central offices to determine and report verified cases of novel coronavirus (COVID-19) infection.** Reports of verified infections must also be made to the county health department (*see web site information below*). If the sick person lives in a county different from the parish or organization then both counties must be notified.
- **Control unfounded rumors of possible infection at your site.** Develop communication tools to inform parents and staff (letters, website posting). Contact the Communications Department of the Archdiocese at [communications@la-archdiocese.org](mailto:communications@la-archdiocese.org) if you require assistance.
- **If contacted by the media,** you should refer them to the Archdiocesan Media Relations Office at 213-637- 7215 and inform your supervisor at the archdiocesan central office, or your Regional Bishop in the case of a pastor.

## MASS INTENTIONS

**Saturday / Sábado, 3/7**

**5:00 pm.** +Bertha Carlos, Sarita Camarena (Birthday)

**Sunday / Domingo, 3/8**

**7:30 a.m.** +Demetrio Lorenzo

**9:00 a.m.** +Maria Herlinda Ramirez, +Eliseo De La Torre  
+Marvin Horacio Hernandez  
Familia Hernandez Atunez (Intention)  
Armida Gomez (Birthday),  
Israel Carbajal (Birthday)

**10:30 a.m.** Poor Souls in Purgatory

**12:00 p.m.** +Maria Lopez, +Ascencion Mercado  
Jesus Emanuel Vasquez Pilotzi (Birthday)  
Armida Gomez (Birthday)

**Monday / Lunes, 3/9**

**8:00 a.m.** +Francisco Lawrence Duldulao

**Tuesday / Martes, 3/10**

**6:00 p.m.** Poor Souls in Purgatory

**Wednesday / Miércoles, 3/11**

**8:00 a.m.** Poor Souls in Purgatory

**Thursday / Jueves, 3/12**

**6:00 p.m.** +Monica Ortega

**Friday / Viernes, 3/13**

**8:00 a.m.** Ruth Camarena (Birthday)



### *Pray for the Sick Oremos por los Enfermos*

*Evangeline Whitehead, John Chapman,, Kerry, Kennedy, Garry Davila, Rosa Maria Santos, Barbara Jacobs, Omar Nuno, Karina Rodriguez, Gabriel Torres, Leonida Arceo, Concepcion Terrazas, Jim Tierney, Francisca Aguirre, Gloria Scott, Sarah McKinney, Loreto Monares, Dominga Luna, Rutha Coleman-Smith, Maria Gallegos, Joan Dundas, Belen Holguain, Isabel Gutierrez, Roxana Beltran de Salazar, Maria Delgadillo, Angela Brisco, Tina Lumas, Ada Valladares, Hipolita Arrieta, Araceli Rosales*

### **Readings of the Week / Lecturas de la Semana**

**Monday:** Dn 9:4b-10; Ps 79:8, 9, 11, 13; Lk 6:36-38

**Tuesday:** Is 1:10, 16-20; Ps 50:8-9, 16bc-17, 21, 23;  
Mt 23:1-12

**Wednesday:** Jer 18:18-20; Ps 31:5-6, 14-16; Mt 20:17-28

**Thursday:** Jer 17:5-10; Ps 1:1-4, 6; Lk 16:19-31

**Friday:** Gn 37:3-4, 12-13a; 17b-28a; Ps 105:16-21;  
Mt 21:33-43, 45-46

**Saturday:** Mi 7:14-15, 18-20; Ps 103:1-4, 9-12;  
Lk 15:1-3, 11-32

**Sunday:** Ex 17:3-7; Ps 95:1-2, 6-9; Rom 5:1-2, 5-8;  
Jn 4:5-42 [5-15, 19b-26, 39a, 40-42]

### **ST. ELIZABETH'S SOCIETY OF ST. VINCENT DE PAUL – BUNDLE SUNDAY**

On March 15, 2020, St. Elizabeth Parish is having a Bundle Sunday for the Society of St. Vincent de Paul thrift stores. Please bring your useable clothing and useable household items on this day.

Their truck will be at St. Elizabeth's Church parking lot. Please help them in their endless efforts to assist the needy. They are in great need of furniture and large appliances.

Please call (323) 224-6280 or (800) 974-3571 or free pick up of large items.

### *DID YOU KNOW?*

#### **Talk about chat room dangers with your teen**

Online chat rooms are great places for people to connect over shared interests and ideas. But for young children and teenagers who may not be internet-savvy, they're also a great place for predators to lay groundwork. In a chat room, anyone can be whomever they want — and predators hide behind personas of friends. Talk to your child about online safety rules, such as never agreeing to meet in person and never providing personal and identifying information. Review chats frequently to ensure that your child is engaging in safe conversations. For more tips on chat room safety, request a copy of the VIRTUS® article "Exposing the Dangers of Internet Chat Rooms" at <https://lacatholics.org/did-you-know/>.

\* \* \* \* \*

### *¿SABÍA USTED?*

#### **Platiqué sobre los peligros de las salas de chat con sus hijos adolescentes**

Las salas de chat en línea son muy buenos lugares para que se conecten personas que comparten los mismos intereses e ideas. Pero para los niños pequeños y para los adolescentes que no son expertos navegando el internet, los chats pueden ser muy buenos lugares para que los depredadores sienten las bases de sus acciones. En una sala de chat cualquiera puede adoptar una personalidad distinta a la verdadera, y los depredadores se hacen pasar por amigos. Platiqué con sus hijos sobre las reglas de seguridad en línea, como por ejemplo nunca ponerse de acuerdo para conocer a alguien en persona, y nunca proveer su información personal y su información de identificación. Revise los chats frecuentemente para asegurar que su hijo/a está participando en una conversación segura. Para más consejos sobre la seguridad en las salas de chat, solicite una copia del artículo de VIRTUS® "Exposing the Dangers of Internet Chat Rooms" (Exponiendo los peligros de las salas de chat por internet) en <https://lacatholics.org/did-you-know/>.

**FROM THE OFFICE OF WORSHIP OF  
LOS ANGELES ARCHDIOCESE**

You are reminded to use common sense in your participation at Mass and the reception of Holy Communion during the annual cold and flu season. If you are feeling ill or think you may have been exposed to a virus, you should refrain from offering your hand to others at the sign of peace or during the recitation of the Lord's prayer. A smile and a heartfelt, "Peace be with you," should suffice. During the recitation of the Lord's prayer you are invited to assume the *orans* position. That is the raising of the hands and eyes toward heaven as a gesture acknowledging our sole reliance on God. Likewise, if you are not comfortable or receiving Holy Communion on the tongue or from the communal chalice for fear of infection, you should feel no pressure to do so. We understand that some will refrain from participation in the liturgy or the sign of peace and the communal chalice out of care for our wellbeing and not out of unkindness or a lack of piety.

\* \* \* \* \*

**Ministries & Groups / Ministerios y Grupos**

- Altar Society:** Victoria Biolsi (626) 797-4714
- Altar Server:** Maria Angeles Rosas (626) 864-2870
- Coro en Español:** Samuel Ruiz (626) 487-1195  
María de Jesús García (626) 399-4872
- Encuentro Matrimonial:** Juan & Lucia Carillo (626) 399-2806
- Environment:** Yadira Shore (626) 372-9628
- Fellowship Sunday:** Maria Lira (626) 483-4763
- Filipino Ministry:** Rose Dinh (626) 818-7366
- Gospel Choir:** Edwina Clay (626) 840-3562
- Grupo de Duelo:** María Díaz (626) 798-5106
- Grupo de Intercesión:** Cruz Elena Herrera (626) 629-4498
- Hospitality (Ushers / Greeters):**  
Agustin Gallegos - *Span.* (626) 398-4149  
Barry Wilson - *Eng.* (626) 755-0697
- Knights of Columbus:** GK Al Jones - (626) 296-8644
- Knights of Peter Claver Ladies Auxiliary:**  
Cynthia C. Jones (626) 422-4901
- Lectors:** Jeri Durham - *Eng.* (626) 797-6316  
Selvin Rodriguez - *Span.* (626) 419-5905
- Ministers of the Holy Communion:**  
Della Gallo - *Eng.* (626) 355-0368  
Jose Luis Diaz - *Span.* (626) 798-5106
- Pantry:** Joyce Ellis (626) 357-2568
- Pequeñas Comunidades:** Lazaro & Maria Amigon (626) 376-0925
- R.C.I.A. (Catholic Information Class) & R.I.C.A.**  
Tito Benitez - *Eng.* (818) 421-7838  
Teresa Gallegos - *Span.* (626) 491-5460
- Sacristan:** Efrain Rico (626) 864-1001
- Stewardship:** Antonio Duldulao (626) 831-0860
- Social Justice:** Ana Maritza Cruz (626) 662-4103
- Society of St. Vincent de Paul HELPLINE**  
(626) 460-3345 in English & Spanish
- Vietnamese Community:** Terry Do (626) 487-4758
- Vocation Ministry:** Maria de Jesus Garcia (626) 399-4872
- Youth Group:** Jeanette Rico (626) 390-6922

**DEL DEPARTAMENTO DE LA LITURGIA DE LA  
ARQUIDIOCESE DE LOS ANGELES**

Se les recuerda que deben usar el sentido común en su participación en la misa, así como en la recepción de la Sagrada Comunión durante la temporada anual de frío e influenza. Si se sienten mal o piensan que pueden haber estado expuestos a un virus, deben abstenerse de ofrecer su mano a los demás durante la señal de la paz o durante el Padre Nuestro. Una sonrisa y un sincero, "La paz sea con ustedes", es suficiente. Durante el Padre Nuestro, se nos invita a asumir la posición orante. Dicha posición, es en la que se elevan las manos y los ojos hacia el cielo como un gesto de que reconocemos que nuestra confianza esta puesta en Dios. Del mismo modo, si usted no está cómodo de recibir la Sagrada Comunión en la lengua o de participar del cáliz comunal por miedo a obtener alguna infección, no debe sentir presión alguna para hacerlo. Entendemos que algunos se abstendrán de participar en la liturgia o de la señal de la paz y del cáliz comunal debido a tener preocupación por nuestro bienestar y no por falta de amabilidad o falta de piedad.

**PRIMAVERA**

*Podrán cortar todas las flores, pero no podrán  
detener la primavera.*

—Pablo Neruda

**Our Warmest Welcome /  
Nuestra Sincera Bienvenida**

Welcome to all who celebrate with us, visitors, long time residents or newly arrived in the parish. We thank God for you! If you are not a registered member of our parish community or if you have a new address, etc., please fill out this form, place it in the collection basket, or mail it to the Parish Ministry Center, Thank you!

*Bienvenidos a todos a los que están celebrando con nosotros, ya sean visitantes, parroquianos, o recién llegados a la parroquia. ¡Le damos gracias a Dios por ustedes! Si todavía no están registrados en la parroquia, o si tienen una nueva dirección. Por favor llenen esta formulario, y póngalo en la canasta de la colecta, o envíelo al Centro de Ministerio Parroquial. Muchas Gracias.*

Name/Nombre: \_\_\_\_\_

Address/ Dirección: \_\_\_\_\_

Phone/Teléfono: \_\_\_\_\_

Date/Fecha \_\_\_\_\_

- New Parishioner/ Nuevo Feligrés
- Yes, Please send envelopes/ Sí, por favor, envíe sobres
- New Address/ Nueva Dirección
- New phone number/Nuevo número de teléfono

CHURCH NAME AND ADDRESS  
Sacred Heart Church #836650  
600 West Mariposa  
Altadena, CA 91001

TELEPHONE  
626 794-2046

CONTACT PERSON  
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SPECIAL INSTRUCTIONS