

THE BLESSING CUP

A Family Tradition

The Blessing Cup is to be used whenever someone in your family is celebrating a special day such as a birthday, baptism, anniversary, confirmation, mother's day, father's day, anniversary, graduation, engagement, etc. Special occasions such as Thanksgiving, Ash Wednesday, Holy Days, Holidays, Christmas, and any other occasion important to the family are wonderful opportunities to use the Blessing Cup. The Cup should be passed from person to person at the table with each person offering either a blessing for the person being honored or expressing congratulations or appreciation for the occasion. A napkin or cloth should be used to wipe the Cup after each person drinks from it. The blessings should be brief and start shortly after the meal prayer while dinner is just beginning. Each family that uses the Blessing Cup will find the ritual of passing the cup to be a family tradition that brings the family closer year by year.