

# **CANDLE OF 'ENLIGHTMENT'**

## **A FAMILY TRADITION**

*The light from the Candle of Goodness should shine at your dinner table whenever the family gathers for a meal or in a room where the family gathers for special occasions. It can be used when there is need to affirm or reinforce positive family interactions. The candle can also be used when a loved one is seriously ill, undergoing an operation or experiencing disappointment, difficulty, loss or times of worry or distress. The candle can be decorated with symbols that have meaning in the family.*

*The Candle of Goodness symbolizes Christ's role as light of the world and is meant to serve as a reminder of Christ's presence in your family. It can also be a sign of how the Holy Spirit dwells in the heart and soul of each family member and can be a reminder that all members of the family are the light of Christ in our world.*

*The flame of the candle is a symbol of faith. It reminds us that we are surrounded by God's ever-present love. When the candle is lit, it reminds family members of their faith in things seen and unseen.*

*This light of goodness that expresses God's presence in your home can help family members when experiencing the challenges and rewards of daily life. It can be used as a sign that you are of God and you are not alone.*