

FRESH FRUIT AND VEGETABLE NOVEMBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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2 Banana	3 Mini Carrot	4 Apple Slices	5 Celery Sticks	6 Red Grape
9 Grape Tomatoes	10 Broccoli buds	11 Clementine	12 Peapods	13 Apple
16 Banana	17 Sugar Snap Peas	18 Green Grapes	19 Cucumber Slices	20 Orange
23 Grapefruit Wedge	24 Yam Sticks	25 NO SCHOOL	26 THANKSGIVING DAY	27 NO SCHOOL
30 Clementine				

November 2020

Blessed Savior South Lunch

MONDAY

2

- Entree Option
- Cheeseburger
- Sides
- Potato Wedge Fries
 - Baby Carrots
 - Green Beans

TUESDAY

3

- Entree Option
- Ham & Cheese Sandwich
- Sides
- Chicken Noodle Soup
 - Garden Salad
 - Buttermilk Ranch Dressing

WEDNESDAY

4

- Entree Option
- Chicken Nuggets
- Sides
- Mashed Potatoes
 - Steamed Broccoli
 - Biscuit

THURSDAY

5

- Entree Option
- Salisbury Steak
 - Brown Gravy
- Sides
- Brown Rice
 - Corn on the Cob
 - Corn

FRIDAY

6

- Entree Option
- Pizza Dippers
- Sides
- Garden Salad
 - Baked beans

9

- Entree Option
- Macaroni and Cheese
- Sides
- Breadstick
 - Baby Carrots
 - Green Beans

10

- Entree Option
- Meatball Sub
- Sides
- Garden Salad
 - Buttermilk Ranch Dressing
 - Italian Vegetable Blend

11

- Entree Option
- Chicken and Veggie Grain Bowl
- Sides
- Roasted Brussels Sprouts

12

- Entree Option
- Turkey Roast
 - Brown Gravy
 - Dinner Roll
- Sides
- Mashed Potatoes
 - Corn

13

- Entree Option
- Cheese Pizza
- Sides
- Baked beans
 - Cole Slaw

16

- Entree Option
- Pancakes
 - Cheesy Scrambled Eggs
- Sides
- Tater Tots
 - Baby Carrots

17

- Entree Option
- Whole Grain Spaghetti Pasta
 - Beef Meat Sauce
- Sides
- Green Beans
 - Italian Vegetable Blend

18

- Entree Option
- Meatloaf
- Sides
- Brown Gravy
 - Mashed Potatoes
 - Steamed Broccoli

19

- Entree Option
- Hot Dog
- Sides
- Tater Tots
 - Garden Salad

20

- Entree Option
- Chicken Philly Hoagie
- Sides
- Garden Salad
 - Sweet Potato Waffle Fries

23

- Entree Option
- Baked Ziti
- Sides
- Garden Salad
 - Buttermilk Ranch Dressing
 - Corn

24

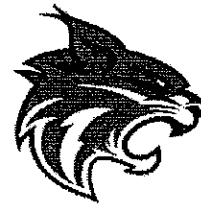
- Entree Option
- Chicken and Waffle Sandwich
- Sides
- Syrup
 - Orange Glazed Carrots
 - Peas

25



No School

26



Thanksgiving - No School

27



No School

30

- Entree Option
- French Toast Sticks
 - Cheesy Scrambled Eggs
- Sides
- Orange Glazed Carrots
 - Steamed Broccoli



November 2020

Blessed Savior South Breakfast

MONDAY

2

- Cinni Mini
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

TUESDAY

3

- Entree Option**
- Trix Raspberry Rainbow Yogurt
- Sides**
- Cinnamon Graham Cracker
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

WEDNESDAY

4

- Entree Option**
- Strawberry Splash Pancakes
- Juice Choice**
- 100% Orange Juice
- 100% Grape Juice
- 100% Apple Juice

THURSDAY

5

- WG Assorted Cereal**
- Lucky Charms
- Froot Loops
- Cinnamon Toast Crunch
- Cocoa Puffs
- Sides**
- Cinnamon Graham Cracker
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

FRIDAY

6

- Entree Option**
- Bagel
- Sides**
- Strawberry Cream Cheese
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

9

- Entree Option**
- Cinnamon Toast Crunch Cereal Bar
- Sides**
- String Cheese
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

10

- WG Assorted Cereal**
- Lucky Charms
- Froot Loops
- Cinnamon Toast Crunch
- Cocoa Puffs
- Sides**
- Cinnamon Graham Cracker
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

11

- Entree Option**
- Strawberry Splash Pancakes
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

12

- Entree Option**
- Chocolate Chocolate Chip Muffin
- Sides**
- String Cheese
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

13

- WG Assorted Cereal**
- Lucky Charms
- Froot Loops
- Cinnamon Toast Crunch
- Cocoa Puffs
- Cinnamon Graham Cracker
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

16

- Entree Option**
- English Muffin
- Sides**
- Strawberry Cream Cheese
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

17

- Entree Option**
- Strawberry Yogurt
- Sides**
- Cinnamon Graham Cracker
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

18

- WG Assorted Cereal**
- Lucky Charms
- Froot Loops
- Cinnamon Toast Crunch
- Cocoa Puffs
- Sides**
- Cinnamon Graham Cracker
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

19

- Entree Option**
- Mini Bagels with Strawberry Cream Cheese
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

20

- Entree Option**
- Blueberry Muffin
- Sides**
- String Cheese
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

23

- Entree Option**
- Cinnamon Toast Crunch Cereal Bar
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

24

- Entree Option**
- Strawberry Splash Pancakes
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

25



No School

26



Thanksgiving - No School

27



No School

30

- Entree Option**
- English Muffin
- Sides**
- Strawberry Cream Cheese
- Juice Choice**
- 100% Apple Juice
- 100% Grape Juice
- 100% Orange Juice

