



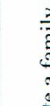







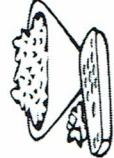





















July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>★ ★ ★ ★ ★</p> <p>5</p> <p>If you cannot attend Mass, watch it online as a family. Pray for those affected by COVID-19.</p> 	<p>★ ★ ★ ★ ★</p> <p>6</p> <p>Start a summer memory book. Each week, add pictures and record family memories.</p> 	<p>★ ★ ★ ★ ★</p> <p>7</p> <p>Pick a person or event in the news and devote a family prayer to it.</p> 	<p>1</p> <p>Bless each child this morning before the day's activities start.</p> 	<p>2</p> <p>Have an egg-and-spoon race in the backyard. The winner picks dinner.</p> 	<p>3</p> <p>Resolve not to complain today.</p> 	<p>4</p> <p>Happy 4th of July! Offer a prayer for troops overseas and for their families.</p> 
<p>★ ★ ★ ★ ★</p> <p>12</p> <p>Listen carefully to the homily at Mass today and talk about one thing you learned.</p> 	<p>13</p> <p>"Finish the story!" One person starts and the others take turns adding to it.</p> 	<p>14</p> <p>Make suncatchers! Decorate tracing paper with colored markers. Display in a window.</p> 	<p>8</p> <p>Punch a hole in the bottom of a plastic cup to blow through. Dip in a pan of soapy water. Blow bubbles!</p> 	<p>9</p> <p>Create a family dinner together. Let each person make a different part of the meal.</p> 	<p>10</p> <p>Watch a good movie and eat popcorn together.</p> 	<p>11</p> <p>Rejoice! Put on some music and have a dance-off!</p> 
<p>★ ★ ★ ★ ★</p> <p>19</p> <p>Watch a streamed Mass together and pray for the Pope's intentions.</p> 	<p>20</p> <p>After Mass today, pray for the souls in Purgatory.</p> 	<p>21</p> <p>Catch lightning bugs in a jar. Release them before going to bed.</p> 	<p>15</p> <p>At dinner, pray together for anyone going through a difficult time today.</p> 	<p>16</p> <p>Today, enjoy a caramel-themed dessert in honor of Our Lady of Mt. Carmel.</p> 	<p>17</p> <p>Sit outside and watch the sunset. Marvel at God's creation.</p> 	<p>18</p> <p>Set up an obstacle course in the yard. Take turns or form teams and have a relay race.</p> 
<p>26</p> <p>After Mass today, pray for the souls in Purgatory.</p> 	<p>27</p> <p>Say "I forgive you" to someone who hurt you today.</p> 	<p>28</p> <p>Honor Jesus' grandparents St. Joachim and St. Anne by praying for all grandparents.</p> 	<p>22</p> <p>Practice patience.</p> 	<p>23</p> <p>Pretend to be a character from a movie or book. See who can guess your character first.</p> 	<p>24</p> <p>Give up a favorite treat, just for today as a Friday sacrifice.</p> 	<p>25</p> <p>Build a campfire in the backyard. Roast hotdogs and sing campfire songs.</p> 
<p>31</p> <p>Have an A-Z scavenger hunt around the yard. Photograph something that starts with every letter.</p> 	<p>30</p> <p>Build a blanket fort in the living room and read books by flashlight.</p> 	<p>31</p> <p>Have an A-Z scavenger hunt around the yard. Photograph something that starts with every letter.</p> 