

Sacred Heart School



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Dear Sacred Heart Parents and Guardians,

The following chart reflects our current COVID-19 status at Sacred Heart School.

Staff in isolation	Staff in Quarantine	Students in Isolation	Students in Quarantine
0	0	0	0

****Isolation means the person is experiencing possible COVID symptoms, has tested positive for COVID-19, or may be symptomatic and awaiting test results. Quarantine means the person has been in close contact with someone who has tested positive for COVID-19 and must stay home for 14 days. The quarantine may be from contact with someone at school, a family member, the general community, or from an unknown origin.*

Remember, that only individuals who have direct exposure to another individual who tests positive for COVID-19 will need to quarantine. Siblings and other family members who do not experience direct exposure with an individual who tests positive for COVID-19 do not need to quarantine unless showing signs of symptoms.

Although the information in the chart above is great, it is important that we all continue to practice precautions to keep ourselves and others healthy. It is of utmost importance that parents/guardians continue to evaluate the health of their children prior to coming to school for the day. Anyone that appears ill, or states they have been ill, should not come to school and contact their health care provider immediately. Please refer to the list below as well as COVID-19 Guidelines: "You need to go home if you have" document listed on the home page of our Sacred Heart School website. If there is any possibility your child may fall into these categories, please keep your child home and consider reaching out to your healthcare provider.

People with these symptoms or combinations of symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell
- Nausea
- Abdominal pain
- Diarrhea

Please take any of these symptoms seriously and keep your child home from school if they are sick and symptoms persist. This will help to stop the spread and the need to quarantine students in the future.

God bless,
Laura Herbers, Principal