

# Sacred Heart School



234 N. Sycamore St • Monticello, IA 52310 • Phone: 319-465-4605 • Fax: 319-465-6183  
E-mail: dbqe42@dbqarch.org • Fr. Paul Baldwin, Pastor • Laura Herbers, Principal

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Dear Sacred Heart Parents/Guardians,

In the spirit of transparency, each week an update will be shared with how the Sacred Heart School population is being affected by COVID-19.

To date, we have 23 students in quarantine after direct exposure to an adult who tested positive for COVID-19. Of these students, 15 experienced direct exposure with an adult at Sacred Heart School and the other 8 students experienced direct exposure to an adult outside of Sacred Heart School. We currently have one staff member who tested positive and is in isolation. We do not have any students who have tested positive at this time.

Only individuals who have direct exposure to another individual who tests positive for COVID-19 will need to quarantine. Siblings and other family members who do not experience direct exposure with an individual who tests positive for COVID-19 do not need to quarantine unless showing signs of symptoms.

Cleaning and sanitizing are occurring throughout the day and other safety measures are also in place allowing classrooms, students, and staff to social distance when possible.

It is of utmost importance that parents/guardians evaluate the health of their children prior to coming to school for the day. Anyone that appears ill, or states they have been ill, should not come to school and contact their health care provider immediately. Please refer to the list below as well as COVID-19 Guidelines: "You need to go home if you have" document listed on the home page of our Sacred Heart School website. If there is any possibility your child may fall into these categories, please keep your child home and consider reaching out to your healthcare provider.

*People with these symptoms or combinations of symptoms may have COVID-19:*

- |   |                              |
|---|------------------------------|
| · Cough                                       | · Headache                   |
| · Shortness of breath or difficulty breathing | · Sore throat                |
| · Fever                                       | · New loss of taste or smell |
| · Chills                                      | · Nausea                     |
| · Repeated shaking with chills                | · Abdominal pain             |
| · Muscle pain                                 | · Diarrhea                   |

Please take any of these symptoms seriously and keep your child home from school if they are sick and symptoms persist. This will help to stop the spread and the need to quarantine students in the future.

God bless,  
Laura Herbers, Principal