



April 1st marked the opening of our registration process for the 2018 CFL season - our 54th season as the premier youth football league in the Des Moines metro area.

* Registration for all levels is now open. 1st-3rd grade flag. 4th-5th grade transitional flag. 6th-7th grade tackle. Please take a minute when time allows to review our progression plan from flag to transitional flag to tackle. We are committed to encouraging participation in our sport and our league by putting player safety FIRST within all of our decisions.

* Registration for adults interested in coaching is now open as well. Please note there are separate registration links for players and coaches. We strongly encourage any adult interested in coaching to register prior to the end of May as we will run clinics and training sessions for all coaches during the months of June, July, and August.

* We are once again offering a 10% registration discount to all those signing up prior to the end of May. All prices and details are posted on our website, however if you have ANY questions about the league, registration process, or our fee structure please reach out immediately to any CFL board member to have your questions answered.

* Our web address for information and registration is www.dmcatholicfootball.com. Please make this your one stop shop for information about our league. Our league is open to all interested participants.

Thank you for your ongoing support of the CFL!

Greater Des Moines CFL

<https://www.dmcatholicfootball.com>