

Christ the King offers:

6th-8th Girls Volleyball (Aug-Oct)

6th-8th Girls Basketball (Oct-Dec)

6th-8th Boys Basketball (Jan-Mar)

5th-8th Track & Field (Mar-May)

Other athletic opportunities offered through Dowling and for various ages include:

Volleyball -

Dowling Catholic Volleyball Club

<http://www.dowlingcatholicvolleyballclub.com/>

Cross Country -

Dowling Middle School Cross Country (visit www.dowlingcatholic.org and click on Athletics. Scroll down for links)

Middle School Coach: Loran Storts

coachloran@gmail.com

Football -

Des Moines Catholic Football League

<http://www.dmccatholicfootball.com/>

Swimming -

Dowling Riptide Swim Club

www.dowlingcatholicroiptide.org

Wrestling -

Dowling Mat Club

<https://dowlingcatholicwrestlinginfo.shutterstock.com/dchsmatclub>

Soccer -

Dowling Soccer Club

<http://www.dowlingsoccerclub.org/>

Girls Basketball Club -

Contact Kristin Meyer (kmeyer@dowlingcatholic.org)

Boys Basketball Club -

Contact Mike O'Connor (moconnor@dowlingcatholic.org)

Softball -

Maroon Cremators Softball Club

<http://maroonsoftballclub.com/>

Dowling Camps and Clinics

http://reg.abcsignup.com/view/view_month.aspx?as=21&wp=65&aid=DCHS