

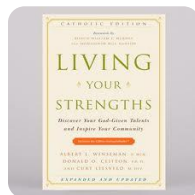
Clifton StrengthsFinder

Diocese of Lafayette-in-Indiana Training Schedule CSF Coaching



Five sessions:

- Location: Catholic Pastoral Center, Lafayette – Conference Room
- Dates: August 12th, September 9th, October 14th, November 11th, December 9th
- Time: 10:00 A.M. to 2:00 P.M.
- Costs: \$20 per session for lunch and materials
- Requirements: must submit full 34 theme report by August 1st and own a copy of the Living Your Strengths (Catholic edition) book
- Participants: limited to the first **12** individuals to register
- Other: since the sessions are designed to build on each other individuals must attend the first session in order to attend the second session, etc.
- Contact: Dr. Anne D. Roat aroat@dol-in.org



Session One – August 12, 2014

Introduction to Clifton StrengthsFinder

- ✓ Learn about the strengths concept and how it applies to individuals.
- ✓ Study how knowledge of strengths can impact performance.
- ✓ Explore each of the 34 strengths and understand how they function.
- ✓ Gain an understanding of your top five strengths.
- ✓ Develop a plan for introducing CSF in your parish setting.

Clifton StrengthsFinder

Session Two – September 9, 2014

Coaching with Top 5 Themes

- ✓ Learn how to help others discover their talents and strengths.
- ✓ Help individuals understand how their strengths can impact their lives.
- ✓ Refine listening and questioning skills for coaching.
- ✓ Explore the coaching conversation and how to use it.
- ✓ Develop a plan for using CSF coaching in your parish setting.

Session Three – October 14, 2014

Coaching with Teams

- ✓ Learn how individuals function as a team.
- ✓ Understand strategic partnerships, leveraging strengths, and creating support systems.
- ✓ Identify the four quadrants of effective team leadership.
- ✓ Help team members grow in awareness of their talents within the context of a team.
- ✓ Develop a plan for using coaching with teams in your parish setting.

Session Four – November 11, 2014

Coaching with All 34 Themes

- ✓ Study theme dynamics.
- ✓ Understand how to maximize talents by building on strengths.
- ✓ Discuss the impact of non-patterns.
- ✓ Learn about theme pairs and packages.
- ✓ Develop a coaching strategy to use in your parish setting.

Session Five – December 9, 2014

Praxis for Coaches

- ✓ Learn about how to dialogue with others about talents and strengths.
- ✓ Practice techniques for a coaching conversation with individuals.
- ✓ Enhance your talents as an effective CSF coach.
- ✓ Formulate a list of best practices for coaching.
- ✓ Develop a plan to utilize your coaching abilities in your parish setting.