

First Holy Eucharist Requirements

The following summarizes the requirements, spiritual and administrative, which must be completed prior to receiving the Holy Eucharist for the first time.

1) Spiritual Requirements

a. Sunday and Holy Day Mass Attendance

It is expected that students will attend Sunday Mass on a regular basis, as they prepare for reception of First Holy Eucharist. A streamed Mass counts and is a good choice during this pandemic

b. Faith Formation Lessons

Parochial school students will complete their requirements during the normal RE lessons at their school.

PRE students are required to participate in their scheduled classes and are expected to complete all of the classroom instructional material by the end of the RE Year. If a child must miss a class for any reason, the parents are responsible for teaching the missed lesson to their child. The workbooks and activity books must be completed .

PRE Home schooled students must meet with Rose Barnas, DRE by April 30th. Zoom meetings or in-person meetings may be scheduled. It is the responsibility of the parent to call for an appointment, which will last approximately 45 minutes.

c. Retreat Attendance

Students must participate in the First Eucharist Retreat,

d. First Eucharist Practice

Each student must attend the practice scheduled for the Mass they have selected.

e. Reception of Reconciliation

Students should receive the Sacrament of Reconciliation **again** before receiving First Eucharist. This ensures a spotless soul full of grace and reinforces the rite of the sacrament.

2) Administrative Requirements

All forms needed for First Holy Eucharist are contained in this package. We ask that you return them in a timely manner. Email reminders, **ONLY**, will be sent out for administrative matters.