

A Pre-Cana Prayer for Couples

Please, stand, face one another and hold each other's hands.

The person you are looking at is to be your spouse in a bond of holy matrimony.

You have chosen one another. Yet, even before you met, God chose you for Himself and for each other.

In the Sacrament of Holy Matrimony, you are to be Christ for each other.

See in the person you are facing, the person who will be Christ for you.

Each day, may you humbly acknowledge your faults to one another.

Each day, may you ask for forgiveness for any hurts you have caused the other.

Each day, may you offer forgiveness with the same mercy that Christ forgives you.

Each day, may you praise and affirm the talents and efforts of the other.

Each day, may you offer your time, your understanding, and your active, empathetic listening before beginning to judge or criticize.

Each day, may you be open and trusting with one another, seeking to build up each other and your marriage bond.

Each day, God sends you out to share His message of love. May you share that message of love in the words that you use and in the way you live your lives for each other and for the world.

Until the day when you share in this special sacramental bond, may you fulfill God's call to live a chaste and holy single life.

May almighty God bless you and keep you, may God's face always shine on you and bring you peace.