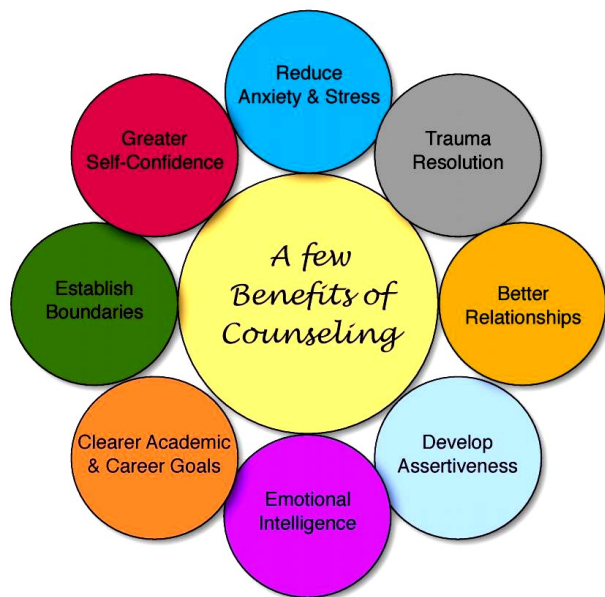


HELP

Is closer than you think.



Catholic
Charities
of Corpus Christi, Inc.

Providing Help. Creating Hope.

Counseling Department

For More Information Contact:
Gloria H. Garcia, M.S., L.P.C.-S., L.M.F.T.
Licensed Professional Counselor
Licensed Marriage & Family Therapist

(361) 884-0651, Ext. 229
By Appointment Only

Email: ggarcia@diocesecc.org
www.catholiccharities-cc.org



Serving the Diocese of Corpus Christi



Counseling Department

Catholic Charities
of Corpus Christi, Inc.

Mission

To improve the mental health and well-being of children, adolescents, and adults; offering spiritual, and emotional guidance through professional counseling.



Purpose

The purpose of our program is to provide services to anyone who seeks help and support in order to enrich his or her life by becoming a physically, emotionally, spiritually, and socially fulfilled person.

Services Provided

Children and Adolescents

Cognizant of the developmental stages of children and adolescents, we provide early intervention in a safe and therapeutic environment for symptom or problem resolution.

Individuals

- ⇒ Depression
- ⇒ Anxiety and Phobias
- ⇒ Stress
- ⇒ Parenting Issues
- ⇒ Incest and Sexual Abuse Survivors
- ⇒ Loss due to: separation, divorce, death, and/or life changing events

Marital

- ⇒ Couples Counseling
- ⇒ Pre-Marital Counseling
- ⇒ Annulments

Continuation of Services

The Counseling Department provides supportive guidance, options, and important techniques needed to overcome the dysfunction or self-defeating behavior, and the stress, depression, anxiety or feelings of guilt related to the problems.

The Counseling Department is staffed with highly qualified counselors who provide exceptional services **by appointment only**.

The initial session fee is \$20.00 with subsequent sessions based on the ability to pay.

