

# Rural Outreach Program

Serving 12 surrounding counties:

- ◆ Aransas
- ◆ Bee
- ◆ Brooks
- ◆ Duval
- ◆ Jim Wells
- ◆ Kenedy
- ◆ Kleberg
- ◆ Live Oak
- ◆ McMullen
- ◆ Nueces
- ◆ Refugio
- ◆ San Patricio



Catholic Charities  
of Corpus Christi, Inc.

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Corpus Christi, Texas 78408

For more information or to  
make an appointment,  
Call (361) 884-0651 Ext. 289

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[www.catholiccharities-cc.org](http://www.catholiccharities-cc.org)



The John G. and Marie Stella  
KENEDY MEMORIAL FOUNDATION



Serving the Diocese of Corpus Christi



# RURAL OUTREACH PROGRAM



Catholic Charities  
of Corpus Christi, Inc.

*Providing Help. Creating Hope.*

## *Rural Outreach Program*

Established in 1971 to provide access to services available in the Corpus Christi area to all 12 surrounding counties, Catholic Charities of Corpus Christi, provides supportive services through our Rural Outreach Program that includes, but not limited to:

- Food Assistance
- *SNAP* application assistance
- *Cooking Matters*
- *Nutrition Awareness*: Education on shopping for nutritional food on a budget and developing a grocery list
- Healthy Eating
- *Children's Medicaid* or *CHIP* application assistance
- *SafeLink* Cell Phones

All services provided by Catholic Charities in Corpus Christi are available to rural communities as funds allow.

The program receives referrals from both public and private organizations.

*Our Purpose* is to build healthy families and strong communities.



1 in 8 Americans struggle with hunger and Food Insecurity in Texas is at 14.3%. In our efforts to reduce food insecurity and hunger, we are providing assistance to families and individuals in need of completing and submitting a *SNAP* application.



*Our Vision* is to actively serve people in need by providing services that will contribute to the health and well being of the community.



Through our program, we are also educating our clients with Shopping Healthy, and Education on Nutritional Benefits.



We offer *Cooking Matters* which provides shopping experiences, help with developing a grocery list, food based demonstrations, handouts and recipes.



We also offer *SafeLink*, a free cell phone service for those who qualify.

**SafeLink**

A program of the Crisis Assistance & Self-Sufficiency Services Department.

