



# Saint Anselm Parish

## *Pre-Cana Workshop*

Congratulations on your decision to be married in the Catholic Church! In choosing to receive the Sacrament of Holy Matrimony, you've shown that you recognize the sacredness of this beautiful commitment. In order to prepare further for that day, St. Anselm Parish offers a Pre-Cana workshop, through which you can grow in understanding about the Sacrament you will soon receive.

### **What is a Pre-Cana Program?**

The Pre-Cana Program is for engaged couples planning to be married in the Catholic Church. Within the workshop, your time will be spent with other engaged couples exploring major areas that will impact your relationship with your future spouse, such as:

- ◆ Family Living
- ◆ Communication
- ◆ Finances
- ◆ Christian Sexuality
- ◆ The Sacrament of Matrimony
- ◆ Your Role in the Church & Society

Our parish Marriage and Family Life Team, which consists of several married couples and a priest, will help to guide you through the workshop.

### **Why is the preparation program called Pre-Cana?**

In John 2:1-12, we read the story of the wedding feast at Cana in Galilee with Mary, the Mother of Jesus, present. Jesus and His disciples had likewise been invited to join in the celebration. His very presence and participation at the wedding sanctified not only the marriage, but also the festive celebrations and togetherness that they experienced. Jesus had recognized the Holy Spirit through Mary's command: "Do whatever He tells you." It was also here that the Lord worked His first miraculous sign – changing water into wine!

### **When will the next Pre-Cana Workshop take place?**

Our Spring 2020 workshop will take place over the following dates:

**Tuesday, February 25, 2020 @ 6:30pm-9:15pm (Spirituality Center – FOCCUS Inventory/Movie)**  
**Saturday, March 7, 2020 @ 9am-5pm (Spirituality Center, concluding with Mass for Sunday)**

Both parties are expected to be present at both sessions in order to successfully complete the program. The cost of the workshop is \$100 per couple. If you would like to attend, please fill out the attached registration form & return it with your payment to: "St. Anselm Pre-Cana."

May this time of preparation for your marriage be filled with grace and happiness!

Sincerely Yours in Christ,

*The Pre-Cana Team*

