



Praying the Rosary (4th level and up)

1. Make the Sign of the Cross.
2. Holding the Crucifix, say the *Apostles' Creed*.
3. On the first bead, say an *Our Father*.
4. Say three *Hail Mary's* on each of the next three beads.
5. Say the *Glory Be*
6. For each of the five decades, announce the Mystery, then say the *Our Father*.
7. While holding each of the ten beads of the decade, say ten *Hail Mary's* while meditating on the Mystery. Then say a *Glory Be*.
8. Close with the Hail Holy Queen.

Joyful Mysteries

(Mondays & Saturdays)

The Annunciation
 The Visitation
 The Birth of Jesus
 The Presentation
 Finding Jesus in the Temple

Glorious Mysteries

(Wednesdays & Sundays)

The Resurrection
 The Ascension
 Descent of the Holy Spirit
 The Assumption
 The Coronation

Sorrowful Mysteries

(Tuesdays & Fridays)

The Agony in the Garden
 The Scourging at the pillar
 Crowning with thorns
 Carrying the Cross
 The Crucifixion

Luminous Mysteries

(Thursdays)

Baptism of Jesus
 Wedding at Cana
 Proclaiming the Kingdom
 Transfiguration
 Institution of the Eucharist

Catholic Prayers To Know

Our Lady of Grace PREP

Sign of the Cross (1st level and up)

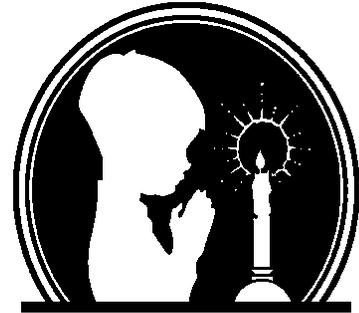
In the name of the Father,
 and of the Son,
 and of the Holy Spirit.
 Amen.

The Lord's Prayer (1st level & up)

Our Father, who art in heaven,
 hallowed be thy name;
 thy kingdom come,
 thy will be done
 on earth as it is in heaven.
 Give us this day our daily bread,
 and forgive us our trespasses,
 as we forgive those who trespass against us;
 and lead us not into temptation,
 but deliver us from evil.

Hail Mary (1st level and up)

Hail Mary, full of grace
 the Lord is with you.
 Blessed are you among women
 and blessed is the fruit of your womb Jesus.
 Holy Mary, Mother of God
 pray for us sinners,
 now and at the hour of our death.



Glory Be (2nd level and up)

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end.

The Act of Contrition (2nd level and up)

O my God,
I am heartily sorry for having offended you
and I detest all my sins because of your just
punishments, but most of all because they offend
you, my God, who are all good and deserving of
all my love, I firmly resolve with the help of your
Grace, to sin no more and to avoid the near
occasions of sin.

Grace before meals

Bless us o Lord and these your gifts which we are
about to receive from your bounty through Christ
our Lord.



The Apostle's Creed (3rd level and up)

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only son, our Lord,

who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father
almighty;
from there he will come to judge the living and the
dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

