

HUMILITY

- The Pharisee stood and prayed thus with himself, "God, I thank thee that I am not like other men...But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, "God be merciful to me a sinner!" (Luke 18:11-14)
- Every way of a man is right in his own eyes, but the Lord weighs the heart. (Prov. 21:2)
- Thou hast set our iniquities before thee, our secret sins in the light of thy countenance.
(Ps. 90:8)
- You, O Lord, turned me back upon myself. You took me from behind my own back, where I had placed myself because I did not wish to look upon myself. You stood me face to face with myself, so that I might see how foul I was, how deformed and defiled, how covered with stains and sores. I looked, and I was filled with horror, but there was no place to flee to away from myself. (St. Augustine)
- If you then, who are evil, know how to give good gifts...(Mt. 7:11)
- No one has anything of himself except his deceitfulness and sin. Whatever truth and justice we have in us, we have received from that source whence we should all drink in this life, if we do not wish to faint on the way. (Council of Orange, 529 AD)
- God is Sovereign Truth, and to be humble is to walk in truth, for it is absolutely true to say that we have no good thing in ourselves, but only misery and nothingness; and anyone who fails to understand this is walking in falsehood. He who best understands it is most pleasing to Sovereign Truth, because, he is walking in truth. (St. Theresa of Avila)
- For though the Lord is high, he regards the lowly; but the haughty he knows from afar.
(Ps. 138:6)
- What have you that you did not receive? (St. Paul, 1Cor. 4:7)
- We should glory in nothing because of ourselves we have nothing. (St. Cyprian)
- No one can receive anything except what is given him from Heaven.
(St. John the Baptist, Jn. 3:27)
- Never esteem thyself to be anything because of thy good works...of thyself thou always tendest to nothing: speedily art thou cast down, speedily overcome, speedily disordered, speedily undone. Thou hast not whereof to glory, but many things for which thou ought to accountest thyself vile; for thou art much weaker than thou art able to comprehend.
(St. Thomas Akempis)
- Descending into my own nothingness I was raised so high that I reached my goal. (St. John of the Cross)

- I feel no distress at seeing my complete helplessness...In fact this revelation of my own nothingness does me much more good than being enlightened on matters of faith.
- (St. Theresa of Liseux)
- For the foundation of this whole edifice as I have said, is humility, and, if you have not true humility, the Lord will not wish it to reach any great height; in fact, it is for your own good that it should not; if it did, it would fall to the ground. (St. Theresa of Avila)
- Anyone who thinks that he stands take heed lest he fall. (St. Paul, 1Cor. 10:12)
- Certainly nothing can so effectively humble us before God's mercy as the multitude of his benefits and nothing can so deeply humble us before his justice as our countless offenses against him. (St. Francis of de Sales)
- As I see it, we shall never succeed in knowing ourselves unless we seek to know God: let us think of His greatness and then come back to our own baseness; by looking at His purity we shall see our foulness; by meditating upon His humility, we shall see how far we are from being humble. (St. Theresa of Avila)
- He adorns the humble with victory. (Ps. 149:4)
- Not to us, O Lord, not to us, but to thy name give glory. (Ps. 115:1)
- They cast their crowns before the throne, singing, "Worthy art thou, our Lord and God, to receive glory and honor and power...(Rev. 4:10-11)
- The beginning of that Justification must be derived from the predisposing grace of God through Jesus Christ...so that they...through his stimulating and assisting grace are disposed to convert themselves to their own justification, by freely assenting and cooperating with the same grace. (Council of Trent, 1545-1563 AD)
- By the grace of God I am what I am...I worked harder than any of them, though it was not I, but the grace of God which is with me. (St. Paul, 1Cor. 15:10)
- How terribly blind I was! Where, my Lord, did I think I could find help save in thee? What foolishness to flee from the light and to walk on all the time stumbling! What a proud humility did the devil find in me when I ceased to make use of the pillar and the staff whose support I so greatly need lest I should suffer a great fall! (St. Theresa of Avila)
- It is no longer I who live, but Christ who lives in me...(St. Paul, Gal. 2:20)
- Abide in me, and I in you. He who abides in me, and I in him, he it is that bears much fruit, **for apart from me you can do nothing.** (Jn. 15:4-8)