

Divine Worship

INTROIT *Exsurge, quare obdormis* [Cf. Psalm 44: 23-26, 1]
Arise, O Lord, wherefore sleepest thou? Awake, and cast us not away for ever: wherefore hidest thou thy countenance, and forgettest our adversity and misery? Our belly cleaveth unto the ground; arise and save us, O Lord, our helper and our deliverer. *Ps.* O God, we have heard with our ears: our fathers have told us.

COLLECT O Lord God, who seest that we put not our trust in any thing that we do: mercifully grant that by thy power, we may be defended against all adversity; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, ever one God, world without end. Amen.

APPOINTED PSALM Psalm 147: 1-6 *Laudate Dominum.*

PRAISE the Lord, for it is a good thing to sing praises | unto our |
God; * yea, a joyful and pleasant | thing it | is · to be | thankful.
2 The Lord doth build | up Je- | rusalem, * and gather to- | gether the |
outcasts of | Israel.
3 He healeth those that are | broken in | heart, * and giveth | medicine
to | heal their | sickness.
4 He telleth the | number · of the | stars, * and | calleth them | all
by · their | names.
5 Great is our Lord, and | great is · his | power; * yea, | and his | wis-
dom is | infinite.
6 The Lord setteth | up the | meek, * and bringeth the un- | godly |
down · to the | ground.

TRACT *Commovisti* [Psalm 60: 2, 4b, 5]
Thou hast moved the land, O Lord: and divided it.
✠ Heal the sores thereof: for it shaketh.
✠ That they may triumph because of the truth: that thy beloved may be delivered.

OFFERTORY *Perfice gressus meos* [Psalm 17: 5, 6b, 7]
O hold thou up my goings in the paths, that my footsteps slip not; incline thine ear to me, and hearken unto my words: show thy marvellous loving-kindness, O Lord; thou that art the Saviour of them that put their trust in thee.

COMMUNION *Introibo* [Psalm 43: 4]
I will go unto the altar of God: even unto the God of my joy and gladness.

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FIRST READING *Job 7:1-4, 6-7*

Job spoke, saying, "Has not man a hard service upon earth, and are not his days like the days of a hireling? Like a slave who longs for the shadow, and like a hireling who looks for his wages, so I am allotted months of emptiness, and nights of misery are apportioned to me. When I lie down I say, 'When shall I arise?' But the night is long, and I am full of tossing till the dawn. My days are swifter than a weaver's shuttle, and come to their end without hope. Remember that my life is a breath; my eye will never again see good."

SECOND READING *1 Corinthians 9:16-19, 22-23*

Brethren: If I preach the Gospel, that gives me no ground for boasting. For necessity is laid upon me. Woe to me if I do not preach the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my preaching I may make the gospel free of charge, not making full use of my right in the gospel. For though I am free from all men, I have made myself a slave to all, that I might win the more. To the weak I became weak, that I might win the weak. I have become all things to all men, that I might by all means save some. I do it all for the sake of the gospel, that I may share in its blessings.

GOSPEL *Mark 1: 29-39*

At that time: Leaving the synagogue, Jesus entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law lay sick with a fever, and immediately they told him of her. And he came and took her by the hand and lifted her up, and the fever left her; and she served them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered together about the door. And he healed many who were

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sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. And in the morning, a great while before day, he rose and went out to a lonely place, and there he prayed. And Simon and those who were with him followed him, and they found him and said to him, "Every one is searching for you." And he said to them, "Let us go on to the next towns, that I may preach there also; for that is why I came out." And he went throughout all Galilee, preaching in their synagogues and casting out demons.



Roman Missal

INTROIT O come, let us worship God and bow low before the God who made us, for he is the Lord our God. Ψ Come let us sing joyfully to the Lord; let us acclaim the rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

COLLECT Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

RESPONSORIAL PSALM Psalm 147: 1-6

\Re Praise the Lord who heals the brokenhearted.

Praise the LORD!

For it is good to sing praises to our God;

for he is gracious, and a song of praise is seemly.

The LORD builds up Jerusalem;

he gathers the outcasts of Israel. \Re

He heals the brokenhearted,

and binds up their wounds.

He determines the number of the stars,

he gives to all of them their names. \Re

Great is our LORD, and abundant in power;

his understanding is beyond measure.

The LORD lifts up the downtrodden,

he casts the wicked to the ground. \Re

ALLELUIA Alleluia, alleluia. Christ took away our infirmities and bore our diseases. Alleluia,

OFFERTORY Make my steps steadfast in your paths, that my feet may not falter. Incline your ear to me; hear my word. Show your wondrous kindness, O Lord, savior of those who trust in you. Ψ Hear, O Lord, a just suit; attend to my outcry; hearken to my prayer from lips without deceit.

COMMUNION VERSE Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.